

CARRICK ATHLETICS CLUB ROAD RUNNING SECTION

Membership Renewal 2011 **for existing members**

If address or mobile number changed in past year please fill in details if not just name and date is fine.

Date: _____

Name: _____

Address change if applicable _____

Phone Number if changed _____

Email Address if changed _____

Have you set any targets for this year i.e. 10km, Mini Marathon, Marathon etc.,:

Would you like to be considered for inclusion on a Competitive Club Team? **Y/N**

Medical Declaration

Do you suffer from any Medical Condition that may affect your running? **Y/N**

If Yes, the Carrick-on-Suir A.C. –Road Runners Club, under Athletics Ireland requirements, require you to undergo a full Medical Examination from your G.P.