

Carrick-on-Suir Road Runners
Winter League 2012
Week Seven – Tuesday November 20th - Times (5 km)

Race Number	Name	Finish Time on Clock	Start Time (Week Seven)	Actual Time Taken	Week Seven Points	Start Time for Week Eight
493	Keogh, Michelle	00:39:05	00:10:00	00:29:05	1	00:06:00
433	Knox, Aine	00:34:18	00:04:00	00:30:18	2	00:06:00
290	Dunne, Sean	00:35:53	00:04:00	00:31:53	3	00:06:00
477	Tobin, Laura	00:34:42	00:04:00	00:30:42	4	00:06:00
310	Blackmore, Sinead	00:35:03	00:06:00	00:29:03	5	00:08:00
257	Guinan, PJ	00:39:44	00:22:00	00:17:44	6	00:22:00
287	Harris, Amy	00:34:58	00:10:00	00:24:58	7	00:12:00
356	O'Meara, Gerry	00:36:34	00:14:00	00:22:34	8	00:14:00
397	Harte, Bernadette	00:37:32	00:14:00	00:23:32	9	00:14:00
465	O'Brien, Noelette	00:34:26	00:08:00	00:26:26	10	00:08:00
258	Power, Cian	00:38:22	00:18:00	00:20:22	11	00:18:00
278	Kent, Eleanor	00:35:25	00:10:00	00:25:25	12	00:10:00
314	O'Dwyer, Josephine	00:37:02	00:14:00	00:23:02	13	00:14:00
476	Lynch, Valerie	00:36:07	00:08:00	00:28:07	14	00:08:00
456	O'Meara, Jim	00:36:12	00:14:00	00:22:12	15	00:14:00
452	Quigley, Clare	00:35:21	00:06:00	00:29:21	16	00:06:00
414	O'Brien, Jason	00:35:44	00:14:00	00:21:44	17	00:14:00
474	O'Brien, Corwun	00:39:31	00:20:00	00:19:31	18	00:20:00
416	Coffey, Stephanie	00:37:18	00:10:00	00:27:18	19	00:10:00
407	O'Sullivan, Mick	00:38:02	00:20:00	00:18:02	20	00:20:00
490	Mackey, Tommy	00:35:04	00:12:00	00:23:04	21	00:12:00
435	Howley, Cleo	00:37:23	00:04:00	00:33:23	22	00:04:00
434	O'Brien, Donal	00:38:11	00:16:00	00:22:11	23	00:16:00
303	Graham, Brian	00:38:38	00:20:00	00:18:38	24	00:20:00
294	Skelly, Eileen	00:37:45	00:14:00	00:23:45	25	00:14:00
296	O'Hanlon, Kathleen	00:37:03	00:10:00	00:27:03	26	00:10:00
411	Nugent, Brian	00:35:46	00:12:00	00:23:46	27	00:12:00
462	Fortune, Nicky	00:36:05	00:12:00	00:24:05	28	00:12:00
470	Power, Margaret	00:36:18	00:14:00	00:22:18	29	00:14:00
447	O'Meara, Andrew	00:38:15	00:18:00	00:20:15	30	00:18:00
250	O'Donnell, Tara	00:38:44	00:18:00	00:20:44	31	00:18:00
419	Egan, Tom	00:38:57	00:20:00	00:18:57	32	00:20:00
254	Phelan, Catherine	00:37:34	00:06:00	00:31:34	33	00:06:00
480	Power, Jean	00:37:41	00:06:00	00:31:41	34	00:06:00
91	Dunne, Jackie	00:36:34	00:12:00	00:24:34	35	00:12:00
302	Ward, Seamus	00:38:50	00:20:00	00:18:50	36	00:20:00
415	Egan, Mary	00:37:35	00:12:00	00:25:35	37	00:12:00

Race Number	Name	Finish Time on Clock	Start Time (Week Seven)	Actual Time Taken	Week Seven Points	Start Time for Week Eight
279	Power, Eamonn	00:36:24	00:10:00	00:26:24	38	00:10:00
413	Green, Matt	00:37:37	00:16:00	00:21:37	39	00:16:00
459	O'Brien, Emer	00:37:52	00:16:00	00:21:52	40	00:16:00
77	O'Donnell, Aaron	00:39:20	00:20:00	00:19:20	41	00:20:00
399	O'Meara, Eamonn	00:39:07	00:18:00	00:21:07	42	00:18:00
321	Ponce De Leon, Miguel	00:37:46	00:18:00	00:19:46	43	00:18:00
300	Ward, Melanie	00:36:29	00:12:00	00:24:29	44	00:12:00
281	Vandervalk, T.J.	00:39:41	00:20:00	00:19:41	45	00:20:00
412	Dalton, Claire	00:37:14	00:10:00	00:27:14	46	00:10:00
430	Brennan, Ger	00:37:50	00:18:00	00:19:50	47	00:18:00
408	Cleary, Geraldine	00:36:50	00:10:00	00:26:50	48	00:10:00
487	Knox, Liam	00:37:06	00:12:00	00:25:06	49	00:12:00
316	Parle, Pat	00:39:13	00:18:00	00:21:13	50	00:18:00
429	O'Dwyer, Martina	00:39:52	00:22:00	00:17:52	51	00:22:00
326	Boland, Maurice	00:39:00	00:18:00	00:21:00	52	00:18:00
312	Power, Ger	00:38:35	00:16:00	00:22:35	53	00:16:00
342	Annan, Claire	00:38:40	00:20:00	00:18:40	54	00:20:00
410	Clifford, Niamh	00:36:40	00:14:00	00:22:40	55	00:14:00
297	O'Meara, John	00:37:21	00:16:00	00:21:21	56	00:16:00
461	Barry, Claire	00:37:01	00:08:00	00:29:01	57	00:08:00
418	Collins, Gordon	00:38:09	00:16:00	00:22:09	58	00:16:00
479	O'Hara, Leanne	00:38:21	00:06:00	00:32:21	59	00:06:00
335	Phelan, Ann	00:36:08	00:08:00	00:28:08	60	00:08:00
422	O'Donovan, Sean	00:38:08	00:16:00	00:22:08	61	00:16:00
451	Kenny, Fiona	00:38:07	00:10:00	00:28:07	62	00:10:00
450	Dowling, Anna Maria	00:38:07	00:10:00	00:28:07	63	00:10:00
386	Fitzgerald, Jenny	00:38:19	00:10:00	00:28:19	64	00:10:00
283	Wheatley, Colin	00:39:33	00:16:00	00:23:33	65	00:16:00
292	Dunne, Sinead	00:38:49	00:08:00	00:30:49	66	00:08:00
475	Briscoe, Robert	00:37:40	00:16:00	00:21:40	67	00:16:00
463	Ryan, Noel	00:39:28	00:18:00	00:21:28	68	00:18:00