

Carrick-on-Suir Road Runners
Winter League 2012
Week Three – Tuesday October 23rd - Times (5 km)

Note that the points for each week are based on each person's rate of improvement.

Race Number	Name	Finish Time on Clock	Week Three Handicap	Actual Time Taken	Week 3 Points	Week Four Start Time
257	Guinan, PJ	00:28:37	00:10:00	00:18:37	1	00:22:00
474	O'Brien, Corwun	00:32:10	00:10:00	00:22:10	2	00:16:00
484	Kenny, Brenda	00:33:15	00:10:00	00:23:15	3	00:14:00
482	Gaffney, Andrea	00:34:35	00:10:00	00:24:35	4	00:12:00
312	Power, Ger	00:34:37	00:10:00	00:24:37	5	00:12:00
473	O'Donovan, Catherine	00:34:45	00:10:00	00:24:45	6	00:12:00
483	Power, Onra	00:34:46	00:10:00	00:24:46	7	00:12:00
478	Tobin, Patrick	00:35:18	00:10:00	00:25:18	8	00:12:00
481	Croke, Clare	00:35:28	00:10:00	00:25:28	9	00:12:00
475	Briscoe, Robert	00:35:35	00:10:00	00:25:35	10	00:12:00
476	Lynch, Valerie	00:38:43	00:10:00	00:28:43	11	00:08:00
464	O'Brien, Olive	00:38:19	00:02:00	00:36:19	12	00:04:00
472	Collins, Susan	00:39:18	00:10:00	00:29:18	13	00:08:00
117	Nolan, Lisa	00:31:45	00:06:00	00:25:45	14	00:10:00
458	Ronayne, Sally	00:33:05	00:04:00	00:29:05	15	00:08:00
435	Howley, Cleo	00:41:38	00:08:00	00:33:38	16	00:04:00
433	Knox, Aine	00:35:34	00:02:00	00:33:34	17	00:04:00
480	Power, Jean	00:41:45	00:10:00	00:31:45	18	00:06:00
428	Norris, Eileen	00:35:31	00:10:00	00:25:31	19	00:12:00
479	O'Hara, Lianne	00:41:46	00:10:00	00:31:46	20	00:06:00
422	O'Donovan, Sean	00:35:22	00:14:00	00:21:22	21	00:16:00
432	Walsh, Paula	00:35:47	00:04:00	00:31:47	22	00:06:00
253	O'Donnell, Leslie	00:35:35	00:16:00	00:19:35	23	00:20:00
453	Rockett, Liam	00:35:40	00:16:00	00:19:40	24	00:20:00
297	O'Meara, John	00:34:57	00:14:00	00:20:57	25	00:18:00
303	Graham, Brian	00:37:09	00:18:00	00:19:09	26	00:20:00
294	Skelly, Eileen	00:34:12	00:08:00	00:26:12	27	00:10:00
296	O'Hanlon, Kathleen	00:37:24	00:08:00	00:29:24	28	00:08:00
279	Power, Eamonn	00:34:30	00:06:00	00:28:30	29	00:08:00
399	O'Meara, Eamonn	00:35:21	00:14:00	00:21:21	30	00:16:00
420	Freaney, Kevin	00:36:31	00:12:00	00:24:31	31	00:12:00

Race Number	Name	Finish Time on Clock	Week Three Handicap	Actual Time Taken	Week 3 Points	Week Four Start Time
434	O'Brien, Donal	00:35:37	00:12:00	00:23:37	32	00:14:00
405	Russell, Emmet	00:37:20	00:18:00	00:19:20	33	00:20:00
397	Harte, Bernadette	00:35:43	00:10:00	00:25:43	34	00:12:00
406	Glascott, Michael	00:35:53	00:08:00	00:27:53	35	00:10:00
423	O'Farrell, Leonard	00:35:19	00:12:00	00:23:19	36	00:14:00
91	Dunne, Jackie	00:36:37	00:12:00	00:24:37	37	00:12:00
254	Phelan, Catherine	00:35:38	00:04:00	00:31:38	38	00:06:00
256	Gough, Terri	00:35:23	00:06:00	00:29:23	39	00:08:00
310	Blackmore, Sinead	00:35:12	00:04:00	00:31:12	40	00:06:00
314	O'Dwyer, Josephine	00:35:05	00:10:00	00:25:05	41	00:12:00
477	Tobin, Laura	00:42:52	00:10:00	00:32:52	42	00:04:00
326	Boland, Maurice	00:36:41	00:16:00	00:20:41	43	00:18:00
328	O'Doherty, Tom	00:37:04	00:18:00	00:19:04	44	00:20:00
462	Fortune, Nicky	00:36:13	00:12:00	00:24:13	45	00:12:00
413	Green, Matt	00:35:54	00:14:00	00:21:54	46	00:16:00
471	McCarthy, Richard	00:36:46	00:16:00	00:20:46	47	00:18:00
250	O'Donnell, Tara	00:36:52	00:16:00	00:20:52	48	00:18:00
447	O'Meara, Andrew	00:36:33	00:16:00	00:20:33	49	00:18:00
386	Fitzgerald, Jenny	00:35:11	00:08:00	00:27:11	50	00:10:00
468	Freaney, Michael	00:36:54	00:16:00	00:20:54	51	00:18:00
308	Barry, Nicola	00:36:15	00:02:00	00:34:15	52	00:04:00
281	Vandervalk, T.J.	00:36:30	00:16:00	00:20:30	53	00:18:00
300	Ward, Melanie	00:36:19	00:12:00	00:24:19	54	00:12:00
412	Dalton, Claire	00:35:03	00:08:00	00:27:03	55	00:10:00
414	O'Brien, Jason	00:36:16	00:14:00	00:22:16	56	00:14:00
419	Egan, Tom	00:37:27	00:18:00	00:19:27	57	00:20:00
408	Cleary, Geraldine	00:36:38	00:10:00	00:26:38	58	00:10:00
316	Parle, Pat	00:36:56	00:16:00	00:20:56	59	00:18:00
356	O'Meara, Gerry	00:35:59	00:12:00	00:23:59	60	00:14:00
385	Kelly, Yvonne	00:36:01	00:10:00	00:26:01	61	00:10:00
456	O'Meara, Jim	00:36:00	00:12:00	00:24:00	62	00:14:00
404	Kinsella, David Junior	00:36:24	00:16:00	00:20:24	63	00:18:00
305	O'Brien, David	00:35:44	00:14:00	00:21:44	64	00:16:00
430	Brennan, Ger	00:36:26	00:16:00	00:20:26	65	00:18:00
418	Collins, Gordon	00:35:42	00:14:00	00:21:42	66	00:16:00
452	Quigley, Clare	00:34:32	00:04:00	00:30:32	67	00:06:00
283	Wheatley, Colin	00:35:45	00:12:00	00:23:45	68	00:14:00
402	Murphy, Sean	00:39:01	00:22:00	00:17:01	69	00:22:00

Race Number	Name	Finish Time on Clock	Week Three Handicap	Actual Time Taken	Week 3 Points	Week Four Start Time
461	Barry, Claire	00:36:39	00:08:00	00:28:39	70	00:08:00
400	Hempenstall, Willie	00:39:17	00:22:00	00:17:17	71	00:22:00
410	Clifford, Niamh	00:36:17	00:14:00	00:22:17	72	00:14:00
415	Egan, Mary	00:36:40	00:10:00	00:26:40	73	00:10:00
446	Kelly, Kim	00:36:25	00:06:00	00:30:25	74	00:06:00
460	Doyle, Valerie	00:37:39	00:12:00	00:25:39	75	00:12:00
424	O'Hanlon, Maria	00:36:02	00:10:00	00:26:02	76	00:10:00
287	Harris, Amy	00:35:49	00:10:00	00:25:49	77	00:10:00
470	Power, Margaret	00:36:36	00:14:00	00:22:36	78	00:14:00
77	O'Donnell, Aaron	00:37:27	00:18:00	00:19:27	79	00:20:00
465	O'Brien, Noelette	00:36:23	00:08:00	00:28:23	80	00:08:00
429	O'Dwyer, Martina	00:38:31	00:20:00	00:18:31	81	00:22:00
431	Kerwick, Sandra	00:36:28	00:06:00	00:30:28	82	00:06:00
459	O'Brien, Emer	00:36:04	00:14:00	00:22:04	83	00:16:00
416	Coffey, Stephanie	00:35:55	00:08:00	00:27:55	84	00:10:00
299	Flaherty, David	00:37:46	00:16:00	00:21:46	85	00:16:00
301	Denn, James	00:39:26	00:20:00	00:19:26	86	00:20:00
302	Ward, Seamus	00:39:12	00:20:00	00:19:12	87	00:20:00
276	Cronin, Ann	00:36:49	00:14:00	00:22:49	88	00:14:00
364	Falconer, Tommy	00:39:00	00:22:00	00:17:00	89	00:22:00
451	Kenny, Fiona	00:37:31	00:10:00	00:27:31	90	00:10:00
329	Downey, Andrew	00:39:54	00:22:00	00:17:54	91	00:22:00
450	Dowling, Anna Maria	00:37:33	00:10:00	00:27:33	92	00:10:00
407	O'Sullivan, Mick	00:38:45	00:20:00	00:18:45	93	00:20:00
403	Ryan, James	00:38:18	00:20:00	00:18:18	94	00:22:00
292	Dunne, Sinead	00:37:32	00:08:00	00:29:32	95	00:08:00
255	Harte, Patrick	00:38:05	00:16:00	00:22:05	96	00:16:00
454	Carpendale, Triona	00:38:07	00:10:00	00:28:07	97	00:10:00
417	Peacock, Katherine	00:37:13	00:06:00	00:31:13	98	00:06:00
421	Roche, Patrick	00:40:03	00:22:00	00:18:03	99	00:22:00
335	Phelan, Ann	00:38:53	00:10:00	00:28:53	100	00:08:00
251	Sexton, Bernie		00:14:00			00:14:00
258	Power, Cian		00:14:00			00:14:00
278	Kent, Eleanor		00:10:00			00:10:00
285	O'Hanlon, Jessica		00:04:00			00:04:00
290	Dunne, Sean		00:04:00			00:04:00
295	Feighery, Susan		00:02:00			00:02:00
304	Dowley, John		00:14:00			00:14:00

Race Number	Name	Finish Time on Clock	Week Three Handicap	Actual Time Taken	Week 3 Points	Week Four Start Time
306	Torpey, Jessica		00:10:00			00:10:00
315	Byrne, Darragh		00:22:00			00:22:00
318	Kelly, Lisa		00:10:00			00:10:00
319	Binan, Marie		00:10:00			00:10:00
320	Carroll, Richard		00:20:00			00:20:00
321	Ponce De Leon, Miguel		00:18:00			00:18:00
333	Molloy, Mary		00:18:00			00:18:00
342	Annan, Claire		00:20:00			00:20:00
378	Skehan, Evelyn		00:10:00			00:10:00
395	Bartley, Lisa		00:10:00			00:10:00
401	Bourke, Tom		00:18:00			00:18:00
409	O'Hanlon, Eamon		00:14:00			00:14:00
411	Nugent, Brian		00:12:00			00:12:00
425	Walsh, Ann		00:10:00			00:10:00
426	Dooley, Margaret		00:02:00			00:02:00
455	O'Neill, Maura		00:14:00			00:14:00
457	Busher, Caroline		00:06:00			00:06:00
463	Ryan, Noel		00:20:00			00:20:00
466	Howlin, Claire		00:10:00			00:10:00
467	Dooley, Ann Marie		00:04:00			00:04:00
469	Kinsella, David Senior		00:10:00			00:10:00
9999	Kenneally, David		00:22:00			00:22:00