

Carrick-on-Suir Athletic Club

SuperValu Winter League 2015

Week Eight – Tuesday December 15th (4.5 km)

Note that the names are shown below in order of points (this is based on one's rate of improvement from your best previous run (in weeks one to seven) – and those that improve the most get the lowest points.

Race Number	Name	Finish Time	Week 8 Points
135	PJ Guinan	0:17:16	1
115	Kathleen O'Hanlon	0:26:40	2
108	Kitty Shanahan	0:21:45	3
13	Mags Power	0:21:30	4
101	Deirdre Power	0:23:13	5
127	Joe Gough	0:17:45	6
128	Anthony Grace	0:18:25	7
105	Pat Parle	0:20:30	8
42	Benny Hahessy	0:17:45	9
90	Jackie Dunne	0:25:33	10
106	David McNamara	0:21:40	11
68	Ann Cronin	0:23:02	12
1	Eddie Wells	0:19:41	13
83	Natalie White	0:23:54	14
94	Tom Walsh	0:23:36	15
86	Eoghan Coughlan	0:18:37	16
84	Sinead Dunne	0:28:46	17
98	Pat Harte	0:21:17	18
110	Andrew Downey	0:19:22	19
116	Audrey Halpin	0:25:39	20

Many thanks to all for your support over all weeks of our Winter League.