

Carrick on Suir Road Runners
Winter League 2013
Week Two – Tuesday October 15th - Times (5 km)

Note that the times below are the actual (net) running times for each person i.e. their finishing time on the clock less their handicap. Note that the points for each week are based on each person's rate of improvement.

Race Number	Name	Finish Time on Clock	Week Two Handicap	Actual Time Taken	Week 2 Points
399	James Quigley	00:24:41	00:00:00	00:24:41	1
535	Derek Walsh	00:28:04	00:10:00	00:18:04	2
542	Ann Dineen	00:32:23	00:10:00	00:22:23	3
549	David Hannon	00:32:37	00:10:00	00:22:37	4
465	Maura O'Neill	00:33:13	00:10:00	00:23:13	5
538	Keith Butler	00:34:16	00:10:00	00:24:16	6
543	Donal O'Brien	00:35:12	00:10:00	00:25:12	7
539	Clifford Melbourne	00:35:28	00:10:00	00:25:28	8
540	Marie Walsh	00:36:03	00:10:00	00:26:03	9
548	Ger Crowley	00:36:38	00:10:00	00:26:38	10
536	Michael Murphy	00:36:45	00:16:00	00:20:45	11
537	Pat Walsh	00:39:00	00:10:00	00:29:00	12
461	Robert Briscoe	00:40:25	00:10:00	00:30:25	13
541	Lisa Walsh	00:41:28	00:10:00	00:31:28	14
455	Maria White	00:33:05	00:00:00	00:33:05	15
523	Orla Lucey	00:32:41	00:02:00	00:30:41	16
401	Gemma Fitzpatrick	00:32:18	00:02:00	00:30:18	17
468	Brid Skehan	00:32:31	00:02:00	00:30:31	18
402	Nicola Walsh	00:32:25	00:02:00	00:30:25	19
412	Michelle Byrne	00:32:34	00:02:00	00:30:34	20
464	Kathleen O'Hanlon	00:32:33	00:02:00	00:30:33	21
525	Sean Fitzpatrick	00:31:52	00:06:00	00:25:52	22
546	Marie Crowley	00:44:38	00:10:00	00:34:38	23
545	Mairead Phelan	00:44:39	00:10:00	00:34:39	24
547	Gail Driver	00:44:42	00:10:00	00:34:42	25
475	Leanne Wall	00:31:22	00:06:00	00:25:22	26
509	Emer Delahunty	00:33:41	00:02:00	00:31:41	27
314	Lisa Cahill	00:32:36	00:08:00	00:24:36	28
502	Deirdre Quinn	00:34:48	00:00:00	00:34:48	29
530	Ber Bartley	00:40:07	00:06:00	00:34:07	30

Race Number	Name	Finish Time on Clock	Week Two Handicap	Actual Time Taken	Week 2 Points
411	Amy Lanigan	00:33:06	00:04:00	00:29:06	31
526	Caitriona Phelan	00:34:14	00:04:00	00:30:14	32
441	Maria O'Dwyer	00:34:14	00:04:00	00:30:14	33
290	Ger Murphy	00:33:44	00:10:00	00:23:44	34
472	Marie Grace	00:32:16	00:06:00	00:26:16	35
524	Ruth Grant	00:34:36	00:00:00	00:34:36	36
466	Georgina Skehan	00:34:52	00:02:00	00:32:52	37
527	Valerie O'Callaghan	00:33:40	00:10:00	00:23:40	38
420	Kevin Freaney	00:32:13	00:06:00	00:26:13	39
439	Eileen Skelly	00:34:01	00:10:00	00:24:01	40
519	Kitty Shanahan	00:33:24	00:08:00	00:25:24	41
501	Eamon Power	00:33:26	00:08:00	00:25:26	42
440	Bernie Sexton	00:35:10	00:12:00	00:23:10	43
505	Marie Harnett	00:39:13	00:00:00	00:39:13	44
447	Corwyn O'Brien	00:35:24	00:16:00	00:19:24	45
452	Mags Power	00:35:17	00:12:00	00:23:17	46
528	Eileen O'Toole	00:34:42	00:00:00	00:34:42	47
404	Seamus Ward	00:35:05	00:16:00	00:19:05	48
462	Andrew Downey	00:35:29	00:18:00	00:17:29	49
428	Aine Knox	00:34:05	00:06:00	00:28:05	50
342	Ciara Doyle	00:33:56	00:08:00	00:25:56	51
287	Jamie Grace	00:34:57	00:12:00	00:22:57	52
300	Liam Knox	00:35:01	00:12:00	00:23:01	53
522	Eamon O'Meara	00:35:35	00:14:00	00:21:35	54
489	Patrick Harte	00:36:19	00:14:00	00:22:19	55
427	Sean O'Donovan	00:34:44	00:12:00	00:22:44	56
517	Tommy O'Shea	00:34:37	00:06:00	00:28:37	57
449	Michelle Russell	00:34:18	00:10:00	00:24:18	58
510	Pat Parle	00:35:04	00:14:00	00:21:04	59
503	Catherine Quinn	00:35:03	00:02:00	00:33:03	60
521	John O'Meara	00:35:06	00:14:00	00:21:06	61
397	Nicola Barry	00:34:43	00:06:00	00:28:43	62
476	Lisa Nolan	00:34:54	00:10:00	00:24:54	63
407	Cian Power	00:35:16	00:12:00	00:23:16	64
409	Jeffrey Brophy	00:35:16	00:12:00	00:23:16	65
433	Eleanor Kent	00:33:07	00:08:00	00:25:07	66
518	Liam Rockett	00:36:14	00:16:00	00:20:14	67
408	Helena Faulkner	00:34:50	00:06:00	00:28:50	68
406	Melanie Ward	00:34:19	00:10:00	00:24:19	69

Race Number	Name	Finish Time on Clock	Week Two Handicap	Actual Time Taken	Week 2 Points
487	Chris McNamara	00:35:09	00:14:00	00:21:09	70
451	Kenny Busher	00:34:31	00:10:00	00:24:31	71
511	Josephine O'Dwyer	00:35:47	00:12:00	00:23:47	72
500	Mary Molloy	00:36:25	00:16:00	00:20:25	73
445	Caitriona Wall	00:33:43	00:06:00	00:27:43	74
437	Tom Kent	00:35:54	00:14:00	00:21:54	75
448	Carolne Busher	00:34:25	00:06:00	00:28:25	76
520	Julie Gough	00:35:38	00:04:00	00:31:38	77
529	Becky Malone	00:34:17	00:04:00	00:30:17	78
329	Amy-Leigh Cahill	00:35:01	00:10:00	00:25:01	79
499	Sandra Kerwick	00:34:52	00:08:00	00:26:52	80
416	Michael Freaney	00:35:30	00:16:00	00:19:30	81
531	Thomas Kavanagh	00:36:10	00:16:00	00:20:10	82
326	Marian Kendrick	00:35:23	00:10:00	00:25:23	83
533	Catherine O'Donovan	00:36:18	00:12:00	00:24:18	84
414	Lynn Nolan	00:35:52	00:02:00	00:33:52	85
532	Brendan Foran	00:35:36	00:12:00	00:23:36	86
423	Paula Walsh	00:35:31	00:10:00	00:25:31	87
436	Barry Torpey	00:36:24	00:16:00	00:20:24	88
534	Laura Tobin	00:35:25	00:08:00	00:27:25	89
292	Michael O'Sullivan	00:35:49	00:18:00	00:17:49	90
544	Gordon Collins	00:37:10	00:14:00	00:23:10	91
308	Tom Burke	00:37:18	00:18:00	00:19:18	92
515	James Fox	00:37:07	00:18:00	00:19:07	93
513	Tommy Falconer	00:35:48	00:18:00	00:17:48	94
514	Claire Annan	00:35:55	00:18:00	00:17:55	95
507	Joe Gough	00:35:51	00:18:00	00:17:51	96
508	Martina O'Dwyer	00:35:52	00:18:00	00:17:52	97
316	PJ Guinan	00:35:58	00:18:00	00:17:58	98
496	Miguel Ponce de Leon	00:37:14	00:18:00	00:19:14	99
512	Diane Behan	00:36:44	00:16:00	00:20:44	100
516	Elaine Walsh	00:34:15	00:06:00	00:28:15	101
302	Valerie Norris	00:35:14	00:08:00	00:27:14	102
460	Lisa Bartley	00:35:43	00:10:00	00:25:43	103
506	Michael O'Loughlin	00:37:27	00:18:00	00:19:27	104
457	Claire Howlin	00:35:43	00:10:00	00:25:43	105
504	Patrick Roche	00:36:38	00:20:00	00:16:38	106
456	Terri Gough	00:34:13	00:04:00	00:30:13	107
443	Keith Barry	00:36:20	00:18:00	00:18:20	108

Race Number	Name	Finish Time on Clock	Week Two Handicap	Actual Time Taken	Week 2 Points
430	Ger Brennan	00:37:21	00:18:00	00:19:21	109
296	Aaron O'Donnell	00:36:33	00:18:00	00:18:33	110
469	Martin Murphy	00:35:40	00:10:00	00:25:40	111
352	Aoife Doyle	00:35:48	00:06:00	00:29:48	112
297	Pat O'Sullivan	00:35:42	00:18:00	00:17:42	113

Note that the start times for next week (week three) will be posted on our website later this week and will be on display in the registration area prior to the start of the week three race.