

## **Rathgormack 5 Mile 2015**

Friday 10 July 2015. 7:30 pm

### **Results for All Competitors in finish order.**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Age Category</i>	<i>Pace min/mile</i>	<i>Race No</i>
1	0:27:34	SMITH, Danny	Ballynonty	Senior Men	05:30.7	484
2	0:28:33	O'DONNELL, Aaron	Carrick AC	Senior Men	05:42.5	547
3	0:29:46	DOYLE, Seamus	Balance Fitness	Mens Over 40	05:57.1	552
4	0:30:26	LANNEN, Patrick	West Waterford	Mens Over 40	06:05.1	530
5	0:30:35	ROCHE, Patrick	Carrick AC	Senior Men	06:06.9	527
6	0:31:11	LYNCH, Kevin		Mens Over 40	06:14.1	574
7	0:31:19	VAULS, Stephen		Mens Over 40	06:15.7	504
8	0:31:25	GOUGH, Joe	West Waterford	Mens Over 60	06:16.9	555
9	0:31:30	MURRAY, Ger		Mens Over 45	06:17.9	559
10	0:31:35	KENNEALLY, David	Thurles Crokes	Mens Over 45	06:18.9	510
11	0:31:47	CONNORS, Jimmy		Senior Men	06:21.3	566
12	0:32:18	HAHESSY, Benny	Carrick Triathlon Club	Mens Over 40	06:27.5	584
13	0:32:24	CONDON, Mark	Waterford AC	Junior Boys	06:28.7	549
14	0:32:48	FORRISTAL, Sally	St Josephs	Senior Ladies	06:33.5	556
15	0:33:20	CLINCE, Liam	West Waterford	Mens Over 50	06:39.9	505
16	0:33:40	PRENDERGAST, Sandra	West Waterford	Senior Ladies	06:43.9	562
17	0:33:54	EGAN, Tom	Carrick AC	Mens Over 40	06:46.7	485
18	0:33:59	KELLEHER, Michael	West Waterford	Mens Over 45	06:47.7	564
19	0:34:04	O'HERLIHY, Cian		Senior Men	06:48.7	565
20	0:34:08	CONDON, Jody	Waterford AC	Mens Over 40	06:49.5	548
21	0:34:15	CLIFFE, Mark	West Waterford	Senior Men	06:50.9	583
22	0:34:24	CARROLL, John		Mens Over 50	06:52.7	516
23	0:34:35	CROTTY, John		Senior Men	06:54.9	575
24	0:34:39	KAVANAGH, Thomas		Senior Men	06:55.7	582
25	0:34:52	MORONEY, Tom	West Waterford	Mens Over 55	06:58.3	563
26	0:35:20	MCCARTHY, Sean	Clonmel AC	Mens Over 40	07:03.8	528
27	0:35:30	KENNEDY, Daniel	Newcastle	Senior Men	07:05.8	519
28	0:35:33	PRENDERGAST, Emmet	Newcastle	Senior Men	07:06.4	560
29	0:35:45	MOLLOY, Mary	Carrick AC	Ladies Over 35	07:08.8	557
30	0:35:49	O'CONNOR, Yvonne	Clonmel AC	Ladies Over 40	07:09.6	515
31	0:35:58	O'MEARA, John		Mens Over 40	07:11.4	523
32	0:36:18	CHOJNADEI, Piotr		Senior Men	07:15.4	508
33	0:36:22	WALSH, Angela	Clonmel AC	Senior Ladies	07:16.2	576
34	0:36:27	DUNPHY, Michael		Senior Men	07:17.2	561
35	0:36:46	HOGAN, Tom	West Waterford	Senior Men	07:21.0	521
36	0:36:49	POWER, Patrick	West Waterford	Mens Over 50	07:21.6	567
37	0:36:51	BYRNE, Anna	Clonmel AC	Ladies Over 45	07:22.0	509
38	0:36:59	PARLE, Pat		Mens Over 55	07:23.6	553
39	0:38:15	KELLEHER, Con	Waterford AC	Mens Over 60	07:38.8	511
40	0:38:16	O'MEARA, Eamonn		Mens Over 50	07:39.0	570
41	0:38:17	O'BRIEN, James	Clonmel AC	Senior Men	07:39.2	580
42	0:39:03	PROCTOR, Pascal	West Waterford	Mens Over 60	07:48.4	569
43	0:39:17	FOLEY, John	West Waterford	Mens Over 60	07:51.2	507
44	0:39:52	COADY, Wayne	Carrick AC	Senior Men	07:58.2	513
45	0:40:45	WALSH, John	Kilkenny Tri	Mens Over 45	08:08.8	512
46	0:40:46	PURCELL, Heather	Kilkenny Tri	Ladies Over 45	08:09.0	506
47	0:40:48	BRENNAN, Peadar	Kilkenny Tri	Mens Over 50	08:09.4	554
48	0:41:33	MASSEY, Anne	West Waterford	Ladies Over 40	08:18.4	522
49	0:42:33	MCCARTHY, Michael		Mens Over 55	08:30.4	529
50	0:42:38	FLYNN, Mairead	West Waterford	Ladies Over 45	08:31.4	514
51	0:43:02	CROWLEY, Eamon	Clonmel AC	Mens Over 60	08:36.2	546
52	0:43:23	CONDON, Catherine	West Waterford	Ladies Over 45	08:40.4	558
53	0:43:30	MACKEY, Peter		Mens Over 40	08:41.8	520
54	0:43:46	BRUNNOCK, Paddy		Senior Men	08:45.0	577

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55	0:43:47	DROHAN, Liam		Senior Men	08:45.2	581
56	0:43:48	BRUNNOCK, Paul	West Waterford	Mens Over 45	08:45.4	578
57	0:44:09	HOULIHAN, Geraldine	Carrick AC	Ladies Over 50	08:49.6	568
58	0:44:12	POWER, Owen		Mens Over 40	08:50.2	517
59	0:47:06	POWER, Onra	West Waterford	Ladies Over 45	09:25.0	551
60	0:48:11	O'MEARA, Bernie		Ladies Over 45	09:38.0	571
61	0:48:13	WALSH, Deirdre		Ladies Over 40	09:38.4	526
62	0:48:48	BROWNE, Tricia	Clonmel AC	Ladies Over 50	09:45.4	550
63	0:48:51	MOLLOY, Moira		Ladies Over 45	09:46.0	579
64	0:49:06	WALSH, Geraldine		Senior Ladies	09:49.0	525
65	0:49:11	EGAN, Karen	Carrick AC	Ladies Over 35	09:50.0	524
66	0:49:12	MOISE, Kaylie	Carrick AC	Senior Ladies	09:50.2	573
67	0:49:38	MEANEY, Colette		Ladies Over 35	09:55.4	572

There were 67 finishers in the All Competitors category.