

CARRICK-ON-SUIR AC SUMMER SERIES 2018**Race 2- Portlaw 5 Mile****Friday 4th May 2018 7.30 pm****Results for All Competitors in finish order**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Age Category</i>	<i>Pace min/mile</i>	<i>Race No</i>
1	0:26:16	SHEIL, Niall	St Killians	Mens Over 40	05:15.1	868
2	0:27:15	WALSH, Derek	Carrick AC	Mens Over 40	05:26.9	890
3	0:27:49	FKAFU,		Senior Men	05:33.7	479
4	0:28:02	O'LEARY, Philip		Mens Over 40	05:36.3	936
5	0:28:06	POWER, Shane	Focus on Fitness	Senior Men	05:37.1	888
6	0:28:07	ROCHE, Patrick	Carrick AC	Mens Over 40	05:37.3	951
7	0:28:41	MARSHALL, Evan	Waterford AC	Junior Boys	05:44.1	927
8	0:28:43	CULLOTY, Denis	Ferrybank	Senior Men	05:44.5	931
9	0:28:51	TRAVERS, Jason	West Waterford	Mens Over 40	05:46.1	926
10	0:28:59	KIRWAN, Martin	Focus on Fitness	Mens Over 45	05:47.7	895
11	0:29:02	HOGAN, Alan	West Waterford	Senior Men	05:48.3	478
12	0:29:05	SLATTERY, Brian	Waterford Triathlon Club	Mens Over 40	05:48.9	877
13	0:29:09	NOLAN, John	Waterford AC	Senior Men	05:49.7	958
14	0:29:44	FENNELLY, Philip	Kingsriver AC	Mens Over 45	05:56.7	784
15	0:29:50	DEVINE, David	Focus on Fitness	Mens Over 40	05:57.9	897
16	0:29:51	LYNCH, Kevin		Mens Over 40	05:58.1	500
17	0:29:53	CARTHY, Jackie	Kilmore ac	Ladies Over 45	05:58.5	387
18	0:29:57	HASSEY, Ray	West Waterford	Mens Ove 50	05:59.3	970
19	0:30:04	DOYLE, Seamus	Balance Fitness	Mens Over 40	06:00.7	872
20	0:30:18	LOUGHNANE, Madeline	Thurles Crokes	Ladies Over 35	06:03.5	812
21	0:30:21	GOUGH, Joe	West Waterford	Mens Over 60	06:04.1	953
22	0:30:22	FLAHERTY, David	Carrick Triathlon Club	Mens Over 40	06:04.3	490
23	0:30:28	BOURKE, Raymond	Carrick AC	Mens Over 40	06:05.5	972
24	0:30:34	LAHART, Denis	Kingsriver AC	Mens Over 40	06:06.7	495
25	0:30:37	CONNORS, Jimmy	West Waterford	Senior Men	06:07.3	960
26	0:30:41	DUNFORD, Michael	West Waterford	Mens Ove 50	06:08.1	906
27	0:30:50	NOLAN, Pat	Waterford AC	Mens Over 40	06:09.9	827
28	0:30:52	DOWNEY, Andrew	Carrick AC	Mens Over 40	06:10.3	912
29	0:31:02	DOONAN, Trevor		Mens Over 40	06:12.3	948
30	0:31:04	GRAHAM, Brian	Carrick AC	Senior Men	06:12.7	482
31	0:31:11	MORGAN, Louise	Ferrybank	Ladies Over 35	06:14.1	829
32	0:31:12	MURRAY, Ger		Mens Ove 50	06:14.3	791
33	0:31:13	GRANT, Colin	Saturday Road Runners	Mens Over 40	06:14.5	903
34	0:31:18	O'SULLIVAN, John		Senior Men	06:15.5	944
35	0:31:19	HALE, Daryl	Waterford AC	Mens Over 55	06:15.7	880
36	0:31:19	O'LOUGHLIN, Gerard		Mens Over 45	06:15.7	869
37	0:31:20	PHELAN, Jason	Waterford AC	Mens Over 45	06:15.9	471
38	0:31:34	O'SHEA, John		Mens Over 45	06:18.7	945
39	0:31:39	BREEN, Tomas	SPR	Junior Boys	06:19.7	386
40	0:31:42	DICKENSON, Ken	Focus on Fitness	Senior Men	06:20.3	935
41	0:31:44	PONCE DE LEON, Miguel	Carrick AC	Mens Over 40	06:20.7	871
42	0:31:47	VEALE, Kate	West Waterford	Senior Ladies	06:21.3	783
43	0:31:48	BATTYE, Ed	Saturday Road Runners	Senior Men	06:21.5	938
44	0:31:52	MORAN, Thomas	united striders	Senior Men	06:22.3	930
45	0:31:53	HOGAN, Tom	West Waterford	Mens Over 40	06:22.5	494
46	0:32:06	MACKEY, Tommy	Saturday Road Runners	Mens Over 40	06:25.1	898
47	0:32:07	GATER, Mark	Focus on Fitness	Mens Over 45	06:25.3	928
48	0:32:08	BEDELL, Toby		Mens Over 45	06:25.5	961
49	0:32:09	BRAZIL, Jonathan	Waterford AC	Senior Men	06:25.7	875
50	0:32:13	MULDOWNEY, Catriona	Kingsriver AC	Senior Ladies	06:26.5	785
51	0:32:27	BARCOE, Maurice	Gowran AC	Senior Men	06:29.3	950
52	0:32:33	LAVERY, Philip	Waterford AC	Senior Men	06:30.5	939

Results for All Competitors in finish order

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53	0:32:35	SMITH, Alan		Mens Over 45	06:30.9	878
54	0:32:42	HOYNASKY, Peter		Mens Over 40	06:32.3	480
55	0:32:43	HALL, Stevie	Ferrybank	Mens Over 45	06:32.5	940
56	0:32:45	DE PAOR, Daithi		Mens Ove 50	06:32.9	929
57	0:32:55	MURPHY, Ger		Senior Men	06:34.9	385
58	0:33:00	MOYNIHAN, Mick		Senior Men	06:35.9	477
59	0:33:01	MOONEY, Tomas	Focus on Fitness	Junior Boys	06:36.1	484
60	0:33:02	MOONEY, Brendan	Focus on Fitness	Mens Over 45	06:36.3	483
61	0:33:11	O'KEEFFE, Eugene		Mens Over 45	06:38.1	468
62	0:33:17	COONAN, Justin	West Waterford	Mens Ove 50	06:39.3	900
63	0:33:17	WALSH, Eoin	Saturday Road Runners	Mens Over 40	06:39.3	873
64	0:33:26	WILLIAMS, John Paul	Focus on Fitness	Senior Men	06:41.1	481
65	0:33:44	HOGAN, John Paul	West Waterford	Senior Men	06:44.7	874
66	0:33:50	MURPHY, Peter		Senior Men	06:45.9	485
67	0:34:04	MCSWEENEY, Ciara	Focus on Fitness	Ladies Over 40	06:48.7	786
68	0:34:04	HARAN, Evelyn		Ladies Over 40	06:48.7	486
69	0:34:05	ROCHE, James	Waterford Triathlon Club	Mens Over 55	06:48.9	826
70	0:34:09	GRACE, Anthony	Carrick AC	Mens Over 40	06:49.7	969
71	0:34:16	O'SHEA, Alan	Clonmel AC	Senior Men	06:51.1	932
72	0:34:22	MULCAHY, Mark	Saturday Road Runners	Senior Men	06:52.3	934
73	0:34:23	HALLISSEY, Brian	West Waterford	Mens Over 40	06:52.5	901
74	0:34:26	WALSH, David	Saturday Road Runners	Mens Over 40	06:53.1	473
75	0:34:36	MCGIBNEY, Jimmy	Waterford AC	Mens Over 45	06:55.1	892
76	0:34:48	WALSH, Jack		Senior Men	06:57.5	383
77	0:34:50	DOYLE, Brendan	Saturday Road Runners	Mens Over 60	06:57.9	942
78	0:34:51	CULLEN, Dermot	Saturday Road Runners	Mens Over 40	06:58.1	881
79	0:34:51	O'MARA, Clodagh	Tramore	Ladies Over 35	06:58.1	910
80	0:34:55	MOLLOY, Mary	Carrick AC	Ladies Over 40	06:58.9	941
81	0:35:00	BURKIN, Johnny	West Waterford	Senior Men	06:59.9	790
82	0:35:14	LANIGAN, Dermot	Carrick AC	Senior Men	07:02.6	789
83	0:35:17	TOBIN, Martin	West Waterford	Mens Ove 50	07:03.2	390
84	0:35:23	CAHILL, Tommy	Clonmel AC	Mens Over 60	07:04.4	476
85	0:35:24	O'NEILL, Joanne	West Waterford	Ladies Over 40	07:04.6	902
86	0:35:25	LANNEN, Patrick	West Waterford	Mens Over 45	07:04.8	809
87	0:35:25	CROKE, Claire	Saturday Road Runners	Ladies Over 40	07:04.8	947
88	0:35:26	KAVANAGH, Liam	West Waterford	Mens Over 55	07:05.0	882
89	0:35:28	O'CALLAGHAN, Declan		Mens Over 40	07:05.4	886
90	0:35:33	KAVANAGH, Thomas		Senior Men	07:06.4	905
91	0:35:33	BRETT, Kenny	Clonmel AC	Mens Over 40	07:06.4	716
92	0:35:43	CONCANNON, Mick	West Waterford	Mens Over 55	07:08.4	916
93	0:36:08	LYONS, Andrea		Senior Ladies	07:13.4	909
94	0:36:14	TIERNEY, John		Mens Ove 50	07:14.6	388
95	0:36:19	BRENT, Emma	Waterford AC	Senior Ladies	07:15.6	474
96	0:36:20	JACKMAN, Brian	Saturday Road Runners	Mens Over 45	07:15.8	491
97	0:36:22	GOLDRING, Alastair		Mens Over 45	07:16.2	899
98	0:36:25	MOONEY, Lorena		Ladies Over 40	07:16.8	883
99	0:36:26	PARLE, Pat		Mens Over 55	07:17.0	965
100	0:36:45	BROWN, Thomas	Waterford Triathlon Club	Mens Over 45	07:20.8	467
101	0:36:46	RYAN, Karen	West Waterford	Ladies Over 40	07:21.0	498
102	0:36:49	DOLLARD, Andy	St Senans	Mens Ove 50	07:21.6	911
103	0:37:07	GALVIN, Dermot		Mens Over 40	07:25.2	466
104	0:37:09	O'CONNELL, Hilary	Waterford AC	Senior Ladies	07:25.6	788
105	0:37:24	DUNFORD, Ann	West Waterford	Ladies Over 50	07:28.6	896
106	0:37:30	HARTLEY, Pauline		Ladies Over 40	07:29.8	497
107	0:37:31	NI FAOLAIN, Sinead	West Waterford	Senior Ladies	07:30.0	885
108	0:37:41	MACKEY, Christopher		Senior Men	07:32.0	499
109	0:37:42	O'LEARY, Siobhan	St Josephs	Ladies Over 40	07:32.2	964

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110	0:37:53	MOLLOY, Niamh	Waterford AC	Ladies Over 40	07:34.4	949
111	0:38:00	POWER, Deirdre	Carrick AC	Ladies Over 35	07:35.8	487
112	0:38:09	PRENDERGAST, Bernie	West Waterford	Ladies Over 55	07:37.6	493
113	0:38:10	WALSH, Brian		Mens Over 40	07:37.8	488
114	0:38:16	POWER, Onra	West Waterford	Ladies Over 50	07:39.0	489
115	0:38:26	O'DONOGHUE, Donal		Mens Ove 50	07:41.0	870
116	0:38:33	MCLOUGHLIN, Derek	Kingsriver AC	Mens Over 40	07:42.4	893
117	0:38:41	KENNEDY, Jim		Mens Ove 50	07:44.0	717
118	0:39:08	LAFFAN, Kieran	Waterford Triathlon Club	Mens Over 45	07:49.4	828
119	0:39:11	MCCARTHY, Michael		Mens Over 60	07:50.0	715
120	0:39:14	FLYNN, Kieran	Saturday Road Runners	Mens Ove 50	07:50.6	879
121	0:39:20	POWER, Mags	Carrick AC	Ladies Over 55	07:51.8	384
122	0:39:30	WYMBERRY, Kieran	Waterford AC	Mens Over 45	07:53.8	959
123	0:39:34	HENNESSY, Breda	St Josephs	Ladies Over 45	07:54.6	967
124	0:39:58	O'CONNELL, Eileen		Senior Ladies	07:59.4	914
125	0:40:23	CURRAN, Aileen		Ladies Over 50	08:04.4	889
126	0:40:36	DUNPHY, Mark		Mens Over 45	08:07.0	952
127	0:40:58	FEWER, Liam		Mens Over 40	08:11.4	943
128	0:41:01	GALVIN, Eoin		Senior Men	08:12.0	381
129	0:41:15	MOYNIHAN, Michael	West Waterford	Mens Over 60	08:14.8	475
130	0:41:26	CLINCE, Liam	West Waterford	Mens Over 55	08:17.0	937
131	0:41:49	TIMMINS, Una		Ladies Over 45	08:21.6	492
132	0:42:10	CALLAGHAN, Alan		Senior Men	08:25.8	907
133	0:42:11	KENNEDY, Peter		Mens Over 40	08:26.0	971
134	0:42:24	DUNNE, Sean	Carrick AC	Senior Men	08:28.6	908
135	0:42:29	LENIHAN, Siobhan		Ladies Over 45	08:29.6	956
136	0:42:51	CRONIN, Ann	Carrick AC	Ladies Over 55	08:34.0	389
137	0:42:54	FINNEGAN, Michelle	West Waterford	Ladies Over 45	08:34.6	884
138	0:43:37	O'CONNOR, Margaret	St Josephs	Ladies Over 45	08:43.2	968
139	0:43:44	PHELAN, Leanne		Senior Ladies	08:44.6	904
140	0:43:45	KENNEDY, Kathleen	Waterford AC	Ladies Over 55	08:44.8	891
141	0:43:46	VANDERVALK, Rosie	Waterford AC	Ladies Over 50	08:45.0	957
142	0:44:21	FITZGERALD, Ciara		Senior Ladies	08:52.0	887
143	0:44:42	GRACE, Darren		Senior Men	08:56.2	876
144	0:44:51	TONER, Stephen	Ferrybank	Mens Over 55	08:58.0	382
145	0:44:53	DEEGAN, Michael	West Waterford	Mens Over 60	08:58.4	954
146	0:44:55	TOTTY, Michael	West Waterford	Mens Over 55	08:58.8	955
147	0:45:03	DUNNE, Sinead	Carrick AC	Senior Ladies	09:00.4	913
148	0:45:07	COLLINS, Catherine		Ladies Over 40	09:01.2	894
149	0:45:29	DE COURCY, Anna	Waterford AC	Ladies Over 45	09:05.6	933
150	0:45:45	DUNNE, Jackie	Carrick AC	Ladies Over 50	09:08.8	787
151	0:47:59	GALVIN, Pat		Mens Over 45	09:35.6	496
152	0:49:39	WALSH, Lucy	Fitness with Emer	Ladies Over 50	09:55.6	918
153	0:49:39	COOPER, Gillian	Fitness with Emer	Ladies Over 40	09:55.6	917
154	0:50:10	FITZPATRICK, Mary	Carrick AC	Ladies Over 55	10:01.8	915
155	0:50:16	BUTLER, Audrey		Ladies Over 35	10:03.0	811
156	0:50:16	WALSH, Caitriona		Ladies Over 40	10:03.0	810
157	0:50:17	COUGHLAN, Helen		Ladies Over 35	10:03.2	919
158	0:52:11	CLANCY, Deirdre	West Waterford	Ladies Over 55	10:26.0	946

There were 158 finishers in the All Competitors category.