

CARRICK-ON-SUIR AC SUMMER SERIES 2017

Race 2- Portlaw 5 Mile

Friday 5th May 2017 7.30 pm

Results for All Competitors in finish order

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Age Category</i>	<i>Pace min/mile</i>	<i>Race No</i>
1	0:27:35	SWABY, Brian	Waterford AC	Senior Men	05:30.9	72
2	0:27:49	SHIELS, Conor	Waterford AC	Junior Boys	05:33.7	119
3	0:28:01	BOLAND, Jimmy	Clonmel AC	Senior Men	05:36.1	118
4	0:28:20	QUINLAN, Tony	Waterford AC	Senior Men	05:39.9	50
5	0:29:10	CUDDIHY, Brian	Waterford AC	Senior Men	05:49.9	110
6	0:29:24	FITZGERALD, Pat	West Waterford	Senior Men	05:52.7	177
7	0:29:29	ROCHE, Patrick	Carrick AC	Senior Men	05:53.7	122
8	0:29:30	HAHESSY, Ray	West Waterford	Mens Over 50	05:53.9	99
9	0:29:41	O'MAHONY, Michael	Waterford AC	Mens Over 45	05:56.1	169
10	0:30:03	MALONEY, Michael		Senior Men	06:00.5	73
11	0:30:17	HENNESSY, Peter	Waterford AC	Mens Over 40	06:03.3	77
12	0:30:26	DUNFORD, Michael	West Waterford	Mens Over 50	06:05.1	179
13	0:30:29	LYNCH, Kevin		Mens Over 40	06:05.7	181
14	0:30:37	BUTLER, Stephen	Waterford Triathlon Club	Senior Men	06:07.3	104
15	0:30:41	CUNNINGHAM, David	Waterford AC	Mens Over 40	06:08.1	85
16	0:30:45	KAVANAGH, Alan	Saturday Road Runners	Mens Over 40	06:08.9	75
17	0:30:54	O'SULLIVAN, John	Balance Fitness	Senior Men	06:10.7	70
18	0:30:57	HAHESSY, Benny	Carrick AC	Mens Over 40	06:11.3	212
19	0:31:00	HOULIHAN, Tony	Saturday Road Runners	Mens Over 40	06:11.9	63
20	0:31:02	CONNORS, Jimmy	West Waterford	Senior Men	06:12.3	52
21	0:31:02	DERMODY, Paul	Kilkenny Tri	Senior Men	06:12.3	91
22	0:31:07	POWER, Anthony		Senior Men	06:13.3	61
23	0:31:11	WHITTLE, Ken		Senior Men	06:14.1	111
24	0:31:25	BOURKE, Raymond	Carrick AC	Mens Over 40	06:16.9	94
25	0:31:33	GRANT, Colin	Saturday Road Runners	Mens Over 40	06:18.5	64
26	0:31:50	BATTYE, Ed	Waterford AC	Senior Men	06:21.9	92
27	0:31:59	DEVINE, David	Waterford AC	Senior Men	06:23.7	108
28	0:32:04	BRAZIL, Jonathan	Waterford AC	Mens Over 40	06:24.7	49
29	0:32:07	POWER, Dermot	Saturday Road Runners	Mens Over 55	06:25.3	59
30	0:32:10	KIRBY, Dan		Senior Men	06:25.9	251
31	0:32:11	MAHONY, Joan	Waterford AC	Ladies Over 35	06:26.1	54
32	0:32:13	HOGAN, Tom	West Waterford	Mens Over 40	06:26.5	84
33	0:32:16	CLIFFE, Mark	West Waterford	Senior Men	06:27.1	116
34	0:32:25	CROTTY, John		Senior Men	06:28.9	62
35	0:32:33	GLEESON, Cathal	West Waterford	Mens Over 40	06:30.5	173
36	0:32:34	LAVERY, Philip		Senior Men	06:30.7	66
37	0:32:42	DOWNEY, Andrew	Carrick AC	Mens Over 40	06:32.3	183
38	0:32:48	PHELAN, Jason	Waterford AC	Mens Over 45	06:33.5	81
39	0:32:56	QUINLAN, Graham	West Waterford	Senior Men	06:35.1	86
40	0:32:57	WALSH, Eoin	Saturday Road Runners	Mens Over 40	06:35.3	74
41	0:33:01	BEDELL, Toby		Mens Over 45	06:36.1	96
42	0:33:09	DE PAOR, Daithi		Mens Over 50	06:37.7	120
43	0:33:13	CASEY, Kevin	West Waterford	Senior Men	06:38.5	115
44	0:33:29	BRANNIGAN, Sinead	Waterford AC	Senior Ladies	06:41.7	80
45	0:33:40	TOBIN, Martin	West Waterford	Mens Over 50	06:43.9	114
46	0:33:56	O'MAHONY, Tony		Senior Men	06:47.1	186
47	0:34:02	HOYNASKY, Peter		Mens Over 40	06:48.3	79
48	0:34:22	WALSH, David	Saturday Road Runners	Mens Over 40	06:52.3	125
49	0:34:23	DWYER, Anthony	West Waterford	Mens Over 60	06:52.5	71
50	0:34:33	CLINCE, Liam	West Waterford	Mens Over 55	06:54.5	83
51	0:34:34	MULCAHY, Mark	Saturday Road Runners	Senior Men	06:54.7	68
52	0:34:50	BURKIN, Johnny		Senior Men	06:57.9	214

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Age Category</i>	<i>Pace min/mile</i>	<i>Race No</i>
53	0:34:53	TIERNEY, John		Mens Over 45	06:58.5	65
54	0:34:54	BRENNAN, Ger		Senior Men	06:58.7	172
55	0:34:58	FOX, James	Carrick AC	Mens Over 45	06:59.5	208
56	0:35:31	FOLEY, Michael	Waterford Triathlon Club	Mens Over 50	07:06.0	174
57	0:35:32	O'MEARA, John		Mens Over 45	07:06.2	184
58	0:35:43	GERAGHTY, Thomas		Mens Over 40	07:08.4	93
59	0:36:16	WALSH, Tina	Carrick AC	Senior Ladies	07:15.0	178
60	0:36:17	PARLE, Pat		Mens Over 55	07:15.2	90
61	0:36:30	KEATING, Catherine	Saturday Road Runners	Senior Ladies	07:17.8	100
62	0:36:32	FLYNN, Sharon	Saturday Road Runners	Ladies Over 50	07:18.2	101
63	0:36:41	GUILLEMO, Tapia		Mens Over 40	07:20.0	48
64	0:36:44	MACKEY, Christopher		Senior Men	07:20.6	210
65	0:36:46	BLAIR, Gabrielle	Waterford AC	Ladies Over 50	07:21.0	106
66	0:36:54	BARRY, Anita	St Josephs	Ladies Over 35	07:22.6	89
67	0:37:05	KAVANAGH, Thomas		Senior Men	07:24.8	209
68	0:37:09	DUNFORD, Ann	West Waterford	Ladies Over 50	07:25.6	176
69	0:37:13	KIRWAN, Ruth		Senior Ladies	07:26.4	67
70	0:37:51	JACKMAN, Brian	Saturday Road Runners	Mens Over 45	07:34.0	60
71	0:37:55	BOURKE, Raymond	West Waterford	Mens Over 55	07:34.8	55
72	0:37:56	CARROLL, Emma		Senior Ladies	07:35.0	82
73	0:37:58	VAUGHAN, William		Senior Men	07:35.4	206
74	0:37:58	HARTLEY, Pauline		Ladies Over 35	07:35.4	112
75	0:38:07	O'LEARY, Siobhan	St Josephs	Ladies Over 35	07:37.2	107
76	0:38:15	BURKE, Jim		Mens Over 55	07:38.8	97
77	0:38:20	PRENDERGAST, Bernie	West Waterford	Ladies Over 55	07:39.8	78
78	0:38:23	HENNESSY, Breda	St Josephs	Ladies Over 45	07:40.4	88
79	0:38:28	POWER, Onra	West Waterford	Ladies Over 50	07:41.4	185
80	0:38:30	O'DWYER, Derek	Carrick AC	Senior Men	07:41.8	175
81	0:38:40	RELLIS, Sandra	Focus on Fitness	Senior Ladies	07:43.8	58
82	0:39:07	WHYTE, Michael		Mens Over 45	07:49.2	211
83	0:39:19	FINNEGAN, Michelle	West Waterford	Ladies Over 45	07:51.6	255
84	0:39:23	HARTE, Sinead	West Waterford	Ladies Over 35	07:52.4	56
85	0:39:28	WALSH, Deirdre	Carrick AC	Ladies Over 35	07:53.4	182
86	0:39:42	O'CONNELL, Hilary	Waterford AC	Senior Ladies	07:56.2	76
87	0:39:46	WALSH, Declan		Mens Over 40	07:57.0	51
88	0:39:53	GREENE, Annmarie		Ladies Over 35	07:58.4	53
89	0:39:54	CURRAN, Ray	West Waterford	Mens Over 50	07:58.6	113
90	0:40:01	MCSWEENEY, Emer	Focus on Fitness	Ladies Over 40	08:00.0	171
91	0:40:09	GALVIN, Pat		Mens Over 45	08:01.6	109
92	0:40:10	KENNEDY, Jim		Mens Over 50	08:01.8	252
93	0:40:10	CONNOLLY, Paul	Waterford AC	Mens Over 45	08:01.8	180
94	0:40:27	HENNEBRY, Ruth		Ladies Over 40	08:05.2	102
95	0:40:52	GOGGINS, Julie		Senior Ladies	08:10.2	69
96	0:40:52	DUNGAN, Anna		Ladies Over 35	08:10.2	103
97	0:41:00	O'DONOGHUE, Donal		Mens Over 50	08:11.8	121
98	0:41:24	STEPHENSON, John		Mens Over 55	08:16.6	117
99	0:41:37	KENNEDY, Kathleen	Waterford AC	Ladies Over 55	08:19.2	105
100	0:41:40	MAHER, Sarah		Ladies Over 35	08:19.8	253
101	0:41:55	LENIHAN, Siobhan		Ladies Over 45	08:22.8	124
102	0:41:56	CRONIN, Deirdre		Senior Ladies	08:23.0	98
103	0:42:49	O'BRIEN, Hazel		Ladies Over 35	08:33.6	254
104	0:42:49	HOULIHAN, Geraldine	Carrick AC	Ladies Over 50	08:33.6	95
105	0:43:12	CRONIN, Ann	Carrick AC	Ladies Over 50	08:38.2	57
106	0:43:50	WALSH, Marie	West Waterford	Ladies Over 40	08:45.8	207
107	0:44:34	O'CONNOR, Margaret	St Josephs	Ladies Over 45	08:54.6	123
108	0:46:30	HULLOH, Ginny	Fethard	Ladies Over 50	09:17.8	170
109	0:52:35	CLANCY, Deirdre	West Waterford	Ladies Over 50	10:30.8	213

There were 109 finishers in the All Competitors category