

CARRICK-ON-SUIR AC SUMMER SERIES 2019**Race 1- Faugheen 5k****Friday 19th April 2019 7.30 pm****Results for All Competitors in finish order**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Age Category</i>	<i>Pace min/mile</i>	<i>Race No</i>
1	0:15:11	MANSFIELD, David	Clonmel AC	Senior Men	04:53.1	127
2	0:15:50	CUMMINS, Paddy	Moycarkey	Senior Men	05:05.7	236
3	0:15:55	COUGHLAN, Alban		Senior Men	05:07.3	148
4	0:16:15	POWER, David	Rathfarnham	Senior Men	05:13.7	224
5	0:16:46	ROCHE, Warren	Ferrybank	Senior Men	05:23.7	229
6	0:16:48	STACK, Liam	Ferrybank	Senior Men	05:24.3	73
7	0:16:51	SMITH, Danny		Mens Over 40	05:25.3	219
8	0:16:55	HOGAN, Alan	West Waterford	Senior Men	05:26.6	225
9	0:16:56	O'LEARY, Philip		Mens Over 40	05:26.9	141
10	0:17:00	MONAGHAN, Martin		Mens Over 45	05:28.2	161
11	0:17:09	MCCARTHY, Jamie	Waterford	Junior Boys	05:31.1	234
12	0:17:11	O'FLAHERTY, Nigel	Clonmel AC	Mens Ove 40	05:31.7	150
13	0:18:03	KERR, Brian	Clonmel AC	Mens Over 45	05:48.5	220
14	0:18:15	MCCANN, Angela	Clonmel AC	Ladies Over 45	05:52.3	139
15	0:18:17	DROHAN, Walter	West Waterford	Mens Over 45	05:53.0	176
16	0:18:25	GAVRIL,		Senior Men	05:55.5	215
17	0:18:29	HAHESSY, Ray	West Waterford	Mens Over 55	05:56.8	164
18	0:18:31	CULLOTY, Denis	Ferrybank	Senior Men	05:57.5	218
19	0:18:38	HAHESSY, Benny	Carrick AC	Mens Over 45	05:59.7	262
20	0:18:39	CONICK, Shane	Ferrybank	Senior Men	06:00.0	72
21	0:18:49	O'SHEA, John	Coolquill	Mens Over 45	06:03.3	172
22	0:18:50	LOUGHNANE, Madeline	Thurles Crokes	Ladies Over 35	06:03.6	239
23	0:18:51	O'KEEFFE, Eugene	Carrick AC	Mens Over 50	06:03.9	233
24	0:18:52	ABERNETHY, Michael	Midleton CTC	Senior Men	06:04.2	222
25	0:19:02	DOWNEY, Andrew	Carrick AC	Mens Over 45	06:07.5	267
26	0:19:06	GOUGH, Joe	West Waterford	Mens Over 60	06:08.7	223
27	0:19:10	HUGHES, Jacqueline	Thurles Crokes	Senior Ladies	06:10.0	238
28	0:19:15	CARROLL, John	Carrick AC	Mens Over 55	06:11.6	137
29	0:19:18	O'SULLIVAN, John	Waterford AC	Senior Men	06:12.6	183
30	0:19:24	O'DWYER, Darren		Junior Boys	06:14.5	174
31	0:19:25	TREACY, Tim		Junior Boys	06:14.9	171
32	0:19:38	HOGAN, Tom	West Waterford	Mens Over 40	06:19.0	232
33	0:19:41	PONCE DE LEON, Miguel	Carrick AC	Mens Over 45	06:20.0	138
34	0:19:46	FERGUSON, Aisling	Waterford AC	Ladies Over 40	06:21.6	216
35	0:19:51	MAHONY, Joan	Waterford AC	Ladies Over 40	06:23.2	146
36	0:19:57	RAINER, Mark	Ferrybank	Senior Men	06:25.1	163
37	0:20:10	FLYNN, Eddie		Senior Men	06:29.3	149
38	0:20:47	FINN, Tommy		Senior Men	06:41.2	168
39	0:20:48	FINN, Dane		Junior Boys	06:41.6	134
40	0:20:53	KERWICK, Pat		Senior Men	06:43.2	151
41	0:20:56	KAVANAGH, Thomas		Senior Men	06:44.1	237
42	0:21:04	BURKIN, Johnny	West Waterford	Senior Men	06:46.7	186
43	0:21:10	O'DWYER, William		Senior Men	06:48.6	230
44	0:21:32	MULLALLY, Francess	St Josephs	Ladies Over 50	06:55.7	226
45	0:21:41	ENGLISH, Aisling	Clonmel AC	Senior Ladies	06:58.6	182
46	0:21:52	O'DRISCOLL, Keith	Waterford AC	Mens Ove 40	07:02.2	133
47	0:21:55	WALSH, Angela	Clonmel AC	Senior Ladies	07:03.1	254
48	0:21:58	CULLEN, Dermot	Saturday Road Runners	Mens Over 40	07:04.1	235
49	0:22:00	LANIGAN, Dermot	Carrick AC	Senior Men	07:04.7	255
50	0:22:01	O'BRIEN, Emer	Fitness with Emer	Ladies Over 45	07:05.1	136
51	0:22:08	EGAN, Tom	Carrick AC	Mens Over 45	07:07.3	126

Results for All Competitors in finish order

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Age Category</i>	<i>Pace min/mile</i>	<i>Race No</i>
52	0:22:17	WYMBERRY, Kieran		Mens Over 50	07:10.2	130
53	0:22:18	FITZGERALD, Ann	Waterford AC	Ladies Over 55	07:10.5	248
54	0:22:22	GALLOWAY, Andrew	Coolquill	Mens Over 55	07:11.8	240
55	0:22:32	HEYLIN, Siobhan	Waterford AC	Senior Ladies	07:15.0	179
56	0:22:33	O'DONOGHUE, Donal		Mens Over 50	07:15.4	260
57	0:22:49	O'DWYER, Neasa	Tourneena Runners	Ladies Over 35	07:20.5	259
58	0:22:59	GRANT, Michael		Mens Over 40	07:23.7	227
59	0:23:00	KELLY, Mary	Carrick AC	Ladies Over 40	07:24.0	177
60	0:23:01	POWER, Deirdre	Carrick AC	Ladies Over 35	07:24.4	250
61	0:23:08	PRENDERGAST, Bernie	West Waterford	Ladies Over 55	07:26.6	249
62	0:23:29	KENNEDY, Derek		Mens Ove 40	07:33.4	166
63	0:23:35	CAHILL, Tommy	Clonmel AC	Mens Over 60	07:35.3	170
64	0:23:36	NI FAOLAIN, Sinead	West Waterford	Ladies Over 35	07:35.6	132
65	0:23:55	RYAN, Paul		Senior Men	07:41.7	251
66	0:23:57	FLYNN, Sean		Senior Men	07:42.4	180
67	0:23:58	CONWAY, Aoife	Carrick Triathlon Club	Ladies Over 40	07:42.7	257
68	0:24:02	O'CONNELL, Nannette	Carrick AC	Ladies Over 40	07:44.0	244
69	0:24:12	HEARN, Madeline		Senior Ladies	07:47.2	145
70	0:24:19	DUNNE, Sinead	Carrick AC	Ladies Over 35	07:49.5	144
71	0:24:26	O'DWYER, Derek	Carrick AC	Senior Men	07:51.7	142
72	0:24:45	WALSH, Tina	Carrick AC	Senior Ladies	07:57.8	246
73	0:24:51	RYAN, Michael		Mens Ove 40	07:59.8	175
74	0:25:00	POWER, Onra	West Waterford	Ladies Over 50	08:02.7	165
75	0:25:04	WALSH, Yvonne	Carrick AC	Ladies Over 40	08:03.9	245
76	0:25:04	O'BRIEN, Jason		Mens Over 45	08:03.9	147
77	0:25:15	WALSH, James		Mens Over 40	08:07.5	243
78	0:25:38	CRONIN, Ann	Carrick AC	Ladies Over 55	08:14.9	140
79	0:25:56	DUNNE, Sean	Carrick AC	Senior Men	08:20.7	162
80	0:26:04	POWER, Jimmy		Mens Over 55	08:23.3	231
81	0:26:17	GOUGH, Sarah	KCH	Ladies Over 35	08:27.4	167
82	0:26:20	GOONAN, Honor	Tourneena Runners	Ladies Over 40	08:28.4	184
83	0:26:26	BYRNE, Stephaine		Senior Ladies	08:30.3	263
84	0:26:33	WHELAN, Margaret	West Waterford	Ladies Over 55	08:32.6	266
85	0:26:38	O'BRIEN, Clare		Ladies Over 40	08:34.2	252
86	0:26:44	KEATING, Marie	West Waterford	Senior Ladies	08:36.1	221
87	0:26:46	COMERFORD, Christine	Fitness with Emer	Senior Ladies	08:36.8	247
88	0:26:49	COAKLEY, Michael	West Waterford	Mens Over 55	08:37.7	131
89	0:27:00	CROTTY, Elaine		Senior Ladies	08:41.3	264
90	0:27:05	HOULIHAN, Geraldine	Carrick AC	Ladies Over 55	08:42.9	143
91	0:27:08	MANSFIELD, Cathy	Clonmel AC	Ladies Over 45	08:43.8	228
92	0:27:21	FITZPATRICK, Mary	Carrick AC	Ladies Over 55	08:48.0	268
93	0:27:23	BLACKMORE, Sinead	Carrick AC	Ladies Over 35	08:48.7	129
94	0:29:13	WALSH, Mary	Tourneena Runners	Ladies Over 50	09:24.1	258
95	0:29:13	CURRAN, Jurate	West Waterford	Ladies Over 40	09:24.1	178
96	0:29:27	MATHIAS, Elaine		Ladies Over 45	09:28.6	135
97	0:29:28	O'DWYER, Tommy		Mens Over 55	09:28.9	169
98	0:29:49	O'FLYNN, Ann Marie	Tourneena Runners	Ladies Over 45	09:35.7	185
99	0:30:04	BARDEN, Jackie	Fitness with Emer	Ladies Over 40	09:40.5	256
100	0:30:52	O'SHEA, Michael		Mens Over 60	09:55.9	17
101	0:31:42	MAHER, Sandra		Ladies Over 35	10:12.0	261
102	0:31:48	MURPHY, Lorna		Senior Ladies	10:13.9	265
103	0:32:34	HALLINAN, Grainne	Tourneena Runners	Ladies Over 45	10:28.8	241
104	0:32:38	LONERGAN, Rose	Tourneena Runners	Ladies Over 55	10:30.0	242
105	0:36:16	LACEY, Maura		Senior Ladies	11:40.2	253
106	0:36:16	NOLAN, Lisa		Ladies Over 40	11:40.2	181

There were 106 finishers in the All Competitors category.