

CARRICK-ON-SUIR AC SUMMER SERIES 2015**Race 1- Faugheen 5k****Friday 24 April 2015. 7 pm****Results for All Competitors in finish order**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Age Category</i>	<i>Pace min/mile</i>	<i>Race No</i>
1	0:15:28	MANSFIELD, David	Garda AC	Senior Men	04:58.6	18
2	0:15:45	SHEIL, Niall	St Killians	Senior Men	05:04.1	1
3	0:15:49	MURPHY, Noel	Waterford AC	Senior Men	05:05.3	64
4	0:15:50	HUGHES, Patrick	Thurles Crokes	Senior Men	05:05.7	11
5	0:16:02	COGHLAN, Alban	Crusaders AC	Senior Men	05:09.5	96
6	0:16:21	MOORE, Kevin	Dundrum	Senior Men	05:15.6	92
7	0:16:24	COLEMAN, Kevin		Senior Men	05:16.6	67
8	0:16:31	FITZGIBBON, John	Thurles Crokes	Senior Men	05:18.9	156
9	0:16:32	MONAGHAN, Martin	Slaney Olympic	Mens Over 40	05:19.2	2
10	0:16:41	FOGARTY, Tony	Templemore	Senior Men	05:22.1	10
11	0:17:02	RYAN, Michael J	Dundrum	Senior Men	05:28.8	97
12	0:17:03	BOLAND, Jimmy	Clonmel AC	Senior Men	05:29.2	80
13	0:17:05	GUINAN, PJ	West Waterford	Mens Over 45	05:29.8	77
14	0:17:07	TREACY, John	Thurles Crokes	Senior Men	05:30.4	195
15	0:17:08	RYAN, Michael	Dundrum	Senior Men	05:30.8	27
16	0:17:15	O'DOHERTY, Siobhan	Borrisokane	Senior Ladies	05:33.0	109
17	0:17:18	SLATTERY, Alan	Waterford AC	Senior Men	05:34.0	93
18	0:17:26	GRANT, Ian	Waterford AC	Senior Men	05:36.6	155
19	0:17:30	O'BRIEN, Keith	Clonmel AC	Mens Over 40	05:37.8	56
20	0:17:36	KEANE, Donal	Dundrum	Senior Men	05:39.8	104
21	0:17:41	WALSH, Derek	Carrick AC	Senior Men	05:41.4	95
22	0:17:45	HARRIS, Patrick		Senior Men	05:42.7	28
23	0:17:48	MORKAN, Conor	Clonmel AC	Senior Men	05:43.6	54
24	0:17:50	KEANE, Martin	Dundrum	Senior Men	05:44.3	102
25	0:17:57	HAYES, Richard	Waterford AC	Mens Over 45	05:46.5	19
26	0:18:04	BRUNNOCK, John	Carrick AC	Mens Over 40	05:48.8	26
27	0:18:08	ROCHE, Patrick	Carrick AC	Senior Men	05:50.1	184
28	0:18:23	KENNEDY, Jamie		Senior Men	05:54.9	187
29	0:18:24	GOUGH, Joe	West Waterford	Mens Over 60	05:55.2	99
30	0:18:27	FAHEY, Kieran	Clonmel AC	Mens Over 45	05:56.2	81
31	0:18:28	ANNAN, Claire	Clonmel AC	Senior Ladies	05:56.5	43
32	0:18:30	MURRAY, Ger		Mens Over 45	05:57.2	83
33	0:18:32	KINNANE, Brendan	Dundrum	Mens Over 45	05:57.8	90
34	0:18:47	CRONIN, Brendan		Mens Over 50	06:02.6	78
35	0:18:56	MARTIN, Lar	Clonmel AC	Mens Over 40	06:05.5	79
36	0:19:02	EGAN, Dan		Senior Men	06:07.5	62
37	0:19:19	SAVAGE, Maedbh	Waterford AC	Ladies Over 35	06:12.9	16
38	0:19:21	GRAHAM, Brian	Carrick AC	Senior Men	06:13.6	5
39	0:19:25	MAHONY, Joan	Waterford AC	Ladies Over 35	06:14.9	15
40	0:19:27	CODY, Brian		Senior Men	06:15.5	194
41	0:19:29	MCHUGH, Siobhan	Clonmel AC	Ladies Over 40	06:16.1	106
42	0:19:31	NOLAN, Pat	Waterford AC	Mens Over 40	06:16.8	21
43	0:19:33	BOURKE, Tom	Clonmel AC	Mens Over 45	06:17.4	52
44	0:19:37	MURPHY, Ger	Carrick AC	Senior Men	06:18.7	53
45	0:19:40	MOLLOY, Mary	Carrick AC	Ladies Over 35	06:19.7	105
46	0:19:42	CASHIN, Eamonn	West Waterford	Senior Men	06:20.3	149
47	0:19:49	CAHILL, Tommy	Clonmel AC	Mens Over 60	06:22.6	32
48	0:19:51	PONCE DE LEON, Miguel		Mens Over 40	06:23.2	25
49	0:19:53	BAWDEN, David	United Striders	Mens Over 45	06:23.9	61
50	0:20:04	RYAN, Noel		Senior Men	06:27.4	200
51	0:20:05	O'HERLIHY, Cian		Senior Men	06:27.7	114

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52	0:20:14	FLYNN, Eamonn	Waterford AC	Mens Over 40	06:30.6	115
53	0:20:14	O'DRISCOLL, Keith	Waterford AC	Senior Men	06:30.6	87
54	0:20:20	FREANEY, Michael	Carrick AC	Mens Over 45	06:32.6	45
55	0:20:21	CARROLL, John		Mens Over 50	06:32.9	130
56	0:20:22	MORONEY, Tom	West Waterford	Mens Over 55	06:33.2	84
57	0:20:27	BYRNE, John		Mens Over 40	06:34.8	91
58	0:20:28	BURKE, Ray	West Waterford	Mens Over 50	06:35.1	33
59	0:20:32	LEE, Wayne	Waterford AC	Mens Over 40	06:36.4	57
60	0:20:38	HOGAN, Tom	West Waterford	Senior Men	06:38.3	117
61	0:20:42	WARD, Seamus	Carrick AC	Mens Over 45	06:39.6	59
62	0:20:45	KENNEDY, Kevin		Senior Men	06:40.6	71
63	0:20:59	O'MEARA, John		Mens Over 40	06:45.1	111
64	0:21:04	CORMACK, Pat		Senior Men	06:46.7	133
65	0:21:06	MURPHY, Tom		Mens Over 45	06:47.4	24
66	0:21:31	KEANE, Mush	West Waterford	Senior Men	06:55.4	193
67	0:21:42	BRENNAN, Ger		Senior Men	06:58.9	198
68	0:21:43	BLANCHFIELD, Declan		Senior Men	06:59.3	89
69	0:21:48	MARTIN, John	Clonmel AC	Senior Men	07:00.9	103
70	0:21:49	O'MEARA, Eamonn		Mens Over 50	07:01.2	44
71	0:21:50	BUTLER, Simon		Senior Men	07:01.5	122
72	0:22:04	CONDON, Robbie		Mens Over 40	07:06.0	82
73	0:22:06	WALSH, Angela	Clonmel AC	Senior Ladies	07:06.7	119
74	0:22:14	ARMSTRONG, Laura	Dundrum	Senior Ladies	07:09.2	41
75	0:22:34	KAVANAGH, Thomas		Senior Men	07:15.7	30
76	0:22:43	BRENT, Emma	Waterford AC	Senior Ladies	07:18.6	22
77	0:22:45	COADY, Wayne	Carrick AC	Senior Men	07:19.2	69
78	0:22:47	PROCTOR, Pascal	West Waterford	Mens Over 60	07:19.9	58
79	0:22:53	PRENDERGAST, Bernie	West Waterford	Ladies Over 55	07:21.8	186
80	0:23:05	O'NEILL, Maura	Carrick AC	Ladies Over 50	07:25.6	108
81	0:23:15	O'MEARA, Gillian		Senior Ladies	07:28.9	47
82	0:23:16	PARLE, Pat		Mens Over 55	07:29.2	132
83	0:23:19	BUTLER, Keith	Carrick AC	Senior Men	07:30.2	129
84	0:23:30	FOLEY, John	West Waterford	Mens Over 60	07:33.7	131
85	0:23:38	CONWAY, Glen	Carrick Triathlon Club	Mens Over 40	07:36.3	98
86	0:23:39	LACEY, Mairead	KCH	Senior Ladies	07:36.6	107
87	0:23:42	HEARNE, Edmund		Senior Men	07:37.6	199
88	0:23:48	BOLAND, Ann Marie	Clonmel AC	Senior Ladies	07:39.5	31
89	0:23:58	HEARN, Therese		Senior Ladies	07:42.7	134
90	0:24:01	O'CONNELL, Hilary		Senior Ladies	07:43.7	65
91	0:24:10	CRONIN, Ann	Carrick AC	Ladies Over 50	07:46.6	118
92	0:24:18	KIRWAN, Assumpta		Ladies Over 55	07:49.1	85
93	0:24:19	SEXTON, Bernie	Carrick AC	Ladies Over 55	07:49.5	60
94	0:24:20	FLATTERY, Joyce		Senior Ladies	07:49.8	160
95	0:24:22	KENNEDY, Derek		Senior Men	07:50.4	136
96	0:24:30	O'HANLON, John		Mens Over 45	07:53.0	158
97	0:24:36	FOLEY, Michelle	Right4UFitness	Ladies Over 40	07:54.9	6
98	0:24:51	LONERGAN, Keith		Senior Men	07:59.8	9
99	0:24:53	LEECHMERE, Michael		Mens Over 60	08:00.4	137
100	0:25:00	MCCARTHY, Michael		Mens Over 55	08:02.7	159
101	0:25:01	CONDON, Catherine	West Waterford	Ladies Over 45	08:03.0	101
102	0:25:02	FLYNN, Mairead		Ladies Over 45	08:03.3	4
103	0:25:07	POWER, Mattie		Senior Men	08:04.9	48
104	0:25:07	HOULIHAN, Geraldine	Carrick AC	Ladies Over 50	08:04.9	112
105	0:25:08	NORRIS, Tara	Right4UFitness	Ladies Over 35	08:05.2	123
106	0:25:19	HICKEY, Eimear		Ladies Over 35	08:08.8	37
107	0:25:20	O'SHEA ENRIGHT, Maria		Ladies Over 35	08:09.1	88
108	0:25:21	AHERNE, Liam	Clonmel AC	Mens Over 45	08:09.4	55

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109	0:25:22	COMERFORD, Annette		Ladies Over 40	08:09.7	151
110	0:25:27	SKELLY, Eileen		Ladies Over 50	08:11.3	153
111	0:25:37	WHELAN, Margaret		Ladies Over 55	08:14.6	197
112	0:25:40	MCGRATH, Aoife		Senior Ladies	08:15.5	63
113	0:25:45	RYAN, Laura	Right4UFitness	Ladies Over 40	08:17.1	94
114	0:25:50	KAVANAGH, Gerard		Mens Over 45	08:18.7	135
115	0:25:54	PHELAN, Leanne		Senior Ladies	08:20.0	120
116	0:25:59	NOLAN, Lisa	Right4UFitness	Ladies Over 35	08:21.6	73
117	0:26:01	HARTE, Bernadette	Right4UFitness	Senior Ladies	08:22.3	74
118	0:26:06	POWER, Onra	West Waterford	Ladies Over 45	08:23.9	185
119	0:26:07	HARRIS, Amy	Carrick AC	Senior Ladies	08:24.2	66
120	0:26:12	GRACE, Marie	Right4UFitness	Ladies Over 35	08:25.8	121
121	0:26:16	CASEY, Eleanor	West Waterford	Ladies Over 40	08:27.1	39
122	0:26:19	CASEY, Johnny	Clonmel AC	Mens Over 55	08:28.1	150
123	0:26:37	WALSH, Paula	Right4UFitness	Ladies Over 35	08:33.9	72
124	0:26:49	O'NEILL, Bridget		Senior Ladies	08:37.7	35
125	0:26:54	CODD, Siobhan	Right4UFitness	Ladies Over 40	08:39.3	110
126	0:27:11	MCGEOGHAN, Mary	Carrick Triathlon Club	Ladies Over 40	08:44.8	152
127	0:27:21	COFFEY, Stephanie	Right4UFitness	Ladies Over 45	08:48.0	29
128	0:27:55	O'HALLORAN, Yvonne	Right4UFitness	Ladies Over 40	08:59.0	70
129	0:27:56	POWER, Yvonne	Right4UFitness	Ladies Over 35	08:59.3	51
130	0:28:04	POWER, Patrick	West Waterford	Mens Over 50	09:01.9	157
131	0:28:05	O'SHEA, Susan		Ladies Over 35	09:02.2	13
132	0:28:06	LENIHAN, Tommy	West Waterford	Mens Over 55	09:02.5	49
133	0:28:34	DUNNE, Sinead	Carrick AC	Senior Ladies	09:11.5	8
134	0:28:45	POWER, Conor		Senior Men	09:15.1	20
135	0:28:49	RUSSELL, Roisin	Right4UFitness	Senior Ladies	09:16.3	75
136	0:28:57	DUNNE, Sean		Senior Men	09:18.9	7
137	0:29:20	CRONIN, Samantha	Right4UFitness	Senior Ladies	09:26.3	3
138	0:29:30	CARROLL, Regina		Ladies Over 45	09:29.5	182
139	0:29:31	HALLINAN, Grainne		Ladies Over 45	09:29.9	128
140	0:29:36	O'DWYER, Tommy		Mens Over 50	09:31.5	86
141	0:30:04	MCGRATH, Mandy	Right4UFitness	Senior Ladies	09:40.5	50
142	0:30:05	POWER, Mary	Right4UFitness	Senior Ladies	09:40.8	17
143	0:30:05	BROXSON, Becky		Ladies Over 35	09:40.8	36
144	0:30:07	O'DONNELL, Sarah	Right4UFitness	Senior Ladies	09:41.4	68
145	0:30:24	MURRAY, Andrea		Ladies Over 35	09:46.9	126
146	0:30:25	HARRIS, Heather		Ladies Over 40	09:47.2	127
147	0:30:27	MANSFIELD, Cathy	Clonmel AC	Ladies Over 40	09:47.9	34
148	0:30:37	BURKE, Bernie		Ladies Over 50	09:51.1	100
149	0:30:57	GOUGH, Terri	West Waterford	Ladies Over 55	09:57.5	46
150	0:30:58	FITZGERALD, Lorna	Right4UFitness	Senior Ladies	09:57.9	12
151	0:31:04	O'MEARA, JoJo		Ladies Over 40	09:59.8	113
152	0:31:05	RYAN, Alice		Senior Ladies	10:00.1	76
153	0:31:15	TOBIN, Kate		Ladies Over 45	10:03.3	183
154	0:31:23	MURPHY, Lorna		Senior Ladies	10:05.9	196
155	0:31:32	CASEY, Lynn	Right4UFitness	Senior Ladies	10:08.8	23
156	0:32:02	MCGOWAN, Maria	Right4UFitness	Ladies Over 45	10:18.5	116
157	0:32:47	WHITMORE, Una		Ladies Over 40	10:32.9	154
158	0:32:58	O'KEEFFE, Una	Right4UFitness	Ladies Over 50	10:36.5	42
159	0:32:59	CODY, Gillian		Ladies Over 40	10:36.8	38
160	0:35:05	CASHIN, Claire		Senior Ladies	11:17.3	124
161	0:35:05	GUILFOYLE, Betty		Ladies Over 50	11:17.3	125
162	0:35:44	BOTES, Shannon		Senior Men	11:29.9	4

There were 162 finishers in the All Competitors category.