

# CARRICK-ON-SUIR AC SUMMER SERIES 2013

## Race 1 – Faugheen 5K

26<sup>th</sup> April 2013 – 7.30 pm

Place	Last Name	First Name	Bib No	Gun Time	Chip Time	Pace	Category	Club
1	BRALITIS	SANDIS	39	15:19	15:17	3:04/K	SM	West Waterford
2	MOORE	KEVIN	136	15:30	15:29	3:06/K	SM	Dundrum
3	TRAYNOR	MICK	66	15:35	15:33	3:07/K	M45	Raheny Shamrocks
4	ZAKIS	RAVIS	103	15:45	15:43	3:09/K	SM	West Waterford
5	RYAN	DAVID	32	15:50	15:49	3:10/K	M40	Clonmel AC
6	KLAVA	DZINTARS	204	15:57	15:55	3:11/K	SM	West Waterford
7	QUINLAN	FRANK	126	15:58	15:57	3:12/K	SM	Waterford AC
8	CLONEY	JAMES	101	16:06	16:05	3:13/K	SM	St Killians
9	FOGARTY	TONY	63	16:10	16:09	3:14/K	SM	Thurles Crokes
10	COGHLAN	ALBAN	6	16:27	16:24	3:17/K	SM	
11	SHANAHAN	JOHN	111	16:32	16:29	3:18/K	SM	Dundrum
12	MULLANEY	SHANE	128	16:36	16:36	3:19/K	SM	Thurles Crokes
13	POWER	TREVOR	89	16:37	16:36	3:19/K	SM	Waterford AC
14	SHELLY	DAVID	219	16:39	16:37	3:20/K	SM	Ballynonty
15	BYRNE	DARAGH	18	16:40	16:38	3:20/K	SM	Carrick AC
16	ROCHE	PATRICK	201	16:42	16:40	3:20/K	SM	Carrick AC
17	WATERS	DAVID	163	16:45	16:43	3:21/K	SM	Carrick AC
18	SMYTH	ANDREW	154	16:47	16:45	3:21/K	SM	Coolquill
19	RYAN	MICHAEL	91	16:47	16:46	3:21/K	SM	Dundrum
20	O'KEEFFE	PAUDIE	30	16:51	16:51	3:21/K	SM	Clonmel AC
21	SHANAHAN	DENIS	203	16:54	16:52	3:23/K	SM	Thurles Crokes
22	SWABY	BRIAN	62	16:56	16:54	3:23/K	SM	Waterford AC
23	MCDONALD	JOHN	92	17:19	17:16	3:28/K	SM	
24	FALCONER	TOMMY	44	17:19	17:17	3:28/K	SM	Carrick AC
25	DROHAN	DAVID	107	17:21	17:19	3:28/K	M40	Waterford AC
26	RICE	FINTAN	69	17:27	17:24	3:29/K	M45	Fethard
27	NOLAN	JOHN	59	17:34	17:34	3:31/K	SM	Waterford AC
28	GREEN	STEFAN	188	17:41	17:37	3:32/K	M40	Waterford Triathlon Club
29	O'SULLIVAN	PAT	115	17:47	17:44	3:33/K	M45	
30	O'CONNELL	MICHAEL	38	17:50	17:47	3:34/K	SM	Carrick Triathlon Club
31	KEANE	WALTER	54	17:52	17:48	3:34/K	M50	Waterford AC
32	O'DWYER	MARTINA	120	17:54	17:51	3:35/K	F35	Carrick AC
33	SHANAHAN	LIAM	127	17:57	17:54	3:35/K	SM	Thurles
34	LEMAITRE	YVES	210	18:00	17:53	3:36/K	JM	
35	LYNCH	KEVIN	132	18:02	17:59	3:36/K	SM	
36	NOLAN	PAT	12	18:11	18:07	3:38/K	SM	Waterford AC

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37	O'SULLIVAN	MICHAEL	64	18:12	18:09	3:38/K	M40	
38	DOWNEY	ANDREW	224	18:14	18:11	3:39/K	SM	Carrick AC
39	CASEY	LIAM	109	18:18	18:14	3:40/K	M40	Clonmel AC
40	MALONEY	MICHAEL	51	18:21	18:18	3:40/K	SM	Waterford Triathlon Club
41	KEHOE	JASON	151	18:25	18:22	3:41/K	SM	St Killians
42	CRONIN	BRENDAN	164	18:32	18:29	3:42/K	M50	Carrick AC
43	BROWNE	JOHN	67	18:42	18:38	3:44/K	SM	Clonmel AC
44	CARROLL	BRIAN	119	18:46	18:40	3:45/K	M40	Clonmel AC
45	HAHESSY	BENNY	96	18:50	18:45	3:46/K	M40	Carrick Triathlon Club
46	O'CALLAGHAN	FERGAL	182	18:53	18:47	3:47/K	SM	
47	LONG	BRIAN	171	18:59	18:55	3:48/K	SM	Clonmel AC
48	MURPHY	TONY	221	18:59	18:55	3:48/K	SM	
49	KERVICK	PATRICK	209	19:00	18:56	3:48/K	SM	Carrick AC
50	RYAN	MICHAEL	231	19:02	18:58	3:48/K	SM	Dundrum
51	CUDDIHY	BRIAN	86	19:05	19:03	3:49/K	SM	Waterford AC
52	GOUGH	JOE	78	19:05	19:02	3:49/K	M60	West Waterford
53	LARKIN	WILLIAM	122	19:07	19:04	3:49/K	M40	
54	O'BRIEN	CORWYN	162	19:09	19:04	3:50/K	SM	Carrick AC
55	MURRAY	GER	80	19:10	19:04	3:50/K	M45	
56	KIELY	MARTIN	125	19:11	19:08	3:50/K	SM	
57	HAYES	RICHARD	1	19:12	19:08	3:50/K	M40	
58	JOHNSON	DAVE	65	19:13	19:07	3:51/K	M40	Clonmel AC
59	FAHY	CIARAN	110	19:13	19:09	3:51/K	M45	Clonmel AC
60	RIORDAN	JOHN	152	19:20	19:14	3:52/K	SM	Waterford AC
61	DENN	JAMES	102	19:20	19:15	3:52/K	SM	Clonmel
62	FERNCOMBE	TONY	217	19:23	19:20	3:53/K	SM	West Waterford
63	WARD	SEAMUS	25	19:24	19:20	3:53/K	M45	Carrick AC
64	ROCHE	AINE	131	19:30	19:25	3:54/K	SF	Clonmel AC
65	KIRBY	DAN	147	19:34	19:29	3:55/K	SM	Carrick Triathlon Club
66	BRENNAN	GER	98	19:39	19:35	3:56/K	SM	
67	CLIFFE	MARK	81	19:40	19:34	3:56/K	SM	West Waterford
68	CORCORAN	MARK	41	19:42	19:36	3:56/K	M40	Clonmel AC
69	BRUNNOCK	JOHN	45	19:45	19:39	3:57/K	SM	
70	BURKE	RAYMOND	71	19:50	19:44	3:58/K	SM	Carrick AC
71	KENNEDY	MARTIN	47	20:00	19:51	4:00/K	SM	
72	SHANAHAN	PAUL	82	20:00	19:51	4:00/K	SM	Clonmel AC
73	KINNANE	EDMOND	144	20:01	19:56	4:00/K	M45	Fethard
74	BARCOE	MAURICE	20	20:08	20:04	4:02/K	SM	Gowran AC
75	BEHAN	DIANE	11	20:11	20:08	4:02/K	F40	Waterford AC
76	BARRY	KEITH	13	20:23	20:21	4:05/K	M40	Clonmel C
77	PONCE DE LEON	MIGUEL	3	20:27	20:22	4:05/K	SM	
78	FREANEY	MICHAEL	173	20:29	20:22	4:06/K	M40	Carrick AC
79	BEATTY	STEPHEN	58	20:34	20:27	4:07/K	M45	
80	O'DONNELL	AARON	206	20:42	20:36	4:08/K	SM	
81	MCGOWAN	SEAN	4	20:43	20:36	4:09/K	M55	
82	SMYTH	LESLIE	153	20:46	20:43	4:09/K	M55	Coolquill
83	GRAHAM	BRIAN	181	20:50	20:44	4:10/K	SM	

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84	BOLAND	MAURICE	42	20:51	20:49	4:10/K	M55	Clonmel AC
85	REIDY	BRENDAN	29	20:54	20:47	4:11/K	M45	Waterford AC
86	O'DRISCOLL	KEITH	124	20:57	20:54	4:11/K	SM	Waterford AC
87	O'FLAHERTY	KIERAN	19	21:00	20:53	4:12/K	SM	Clonmel AC
88	RUSSELL	EMMET	116	21:00	21:00	4:12/K	SM	Waterford AC
89	CASEY	DONAL	123	21:04	20:47	4:13/K	M45	Clonmel AC
90	ASPEL	ADRIAN	35	21:17	21:11	4:15/K	M40	Waterford AC
91	GRANT	DEREK	60	21:19	21:12	4:16/K	M50	Waterford AC
92	POWER	TOM	176	21:23	21:18	4:17/K	SM	
93	GREENE	MATT	95	21:25	21:20	4:17/K	M45	Carrick AC
94	O'SHEA	DAVID	130	21:25	21:21	4:17/K	SM	
95	O'DONOHUE	DONAL	222	21:26	21:22	4:17/K	M45	Little Island
96	GLASCOTT	ROBERT	167	21:32	21:29	4:18/K	M45	Carrick AC
97	DOLLARD	ANDY	145	21:42	21:35	4:20/K	M45	St Senans
98	MACKEY	JOHN PAUL	211	21:42	21:25	4:20/K	SM	Carrick AC
99	MCHALE	ANDREW	34	21:45	21:40	4:21/K	M45	Clonmel AC
100	BRISCOE	ROBERT	104	21:45	21:37	4:21/K	SM	Carrick AC
101	O'BRIEN	EMER	178	21:45	21:42	4:21/K	F40	Carrick AC
102	DUNFORD	ANN	194	21:46	21:39	4:21/K	F45	West Waterford
103	PARLE	PAT	100	21:47	21:40	4:21/K	M50	
104	LAWLOR	DENIS	97	21:53	21:37	4:23/K	SM	
105	O'MEARA	JOHN	191	22:01	21:54	4:24/K	M40	Carrick AC
106	O'BRIEN	JASON	175	22:04	21:58	4:25/K	M40	Waterford AC
107	RYAN	KAREN	90	22:07	21:52	4:25/K	SF	Dundrum
108	DOUGLAS	LARRY	216	22:19	22:08	4:28/K	SM	Carrick Triathlon Club
109	RYAN	LIZ	114	22:20	22:12	4:28/K	F45	
110	O'MEARA	EAMONN	190	22:22	22:15	4:28/K	M45	Carrick AC
111	ROBINSON	KEITH	121	22:29	22:14	4:30/K	SM	
112	FREANEY	MAEVE	174	22:30	22:23	4:30/K	M40	Clonmel AC
113	HEARNE	JOY	99	22:30	22:26	4:30/K	SF	Carrick Triathlon Club
114	GRINSELL	JOE	106	22:34	22:28	4:31/K	M60	Clonmel AC
115	FITZGERALD	JOHN	193	22:37	22:26	4:31/K	M40	Waterford AC
116	PHELAN	LAR	21	22:46	22:36	4:33/K	SM	
117	SEXTON	BERNIE	40	22:50	22:47	4:34/K	F55	Carrick AC
118	TOBIN	PAT	88	22:53	22:43	4:35/K	SM	Clonmel AC
119	LEE	WAYNE	155	22:54	22:46	4:35/K	SM	
120	STEPHENSON	JOHN	83	23:04	23:04	4:37/K	M50	
121	O'NEILL	MAURA	159	23:12	23:06	4:38/K	F50	Carrick AC
122	HEGARTY	MATT	108	23:13	23:00	4:39/K	SM	
123	COLLINS	GORDON	183	23:16	22:55	4:39/K	M40	Carrick AC
124	O'DONOVAN	NIAMH	46	23:17	23:11	4:39/K	SF	
125	DUNFORD	JOANNE	57	23:20	23:09	4:40/K	F40	West Waterford
126	KIRWAN	ASSUMPTA	180	23:24	23:14	4:41/K	F55	Portlaw
127	TIERNEY	GRAINNNE	76	23:31	23:22	4:42/K	F35	Clonmel AC
128	TIERNEY	TOM	77	23:32	23:22	4:42/K	SM	
129	RICE	JENNIFER	112	23:39	23:30	4:44/K	JF	Fethard
130	HIGGINS	SHARON	52	23:43	23:32	4:45/K	SF	West Waterford
131	HOULIHAN	GERALDINE	172	23:48	23:44	4:46/K	F50	Carrick AC
132	O'DWYER	JOSEPHINE	43	24:02:00	23:58	4:48/K	SF	Carrick AC

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133	O'DONOVAN	SEAN	129	24:16:00	24:03:00	4:51/K	M50	Carrick AC
134	MELNE	INESE	75	24:24:00	24:16:00	4:53/K	SF	
135	GALLOWAY	HAZEL	16	24:32:00	24:28:00	4:54/K	F55	Clonmel AC
136	HENCHY	MICHAEL	223	24:40:00	24:30:00	4:56/K	SM	Fethard
137	BRAZIL	LAURA	22	24:47:00	24:37:00	4:57/K	JF	
138	CRONIN	ANN	36	25:00:00	24:55:00	5:00/K	F50	Carrick AC
139	CLONEY	ANN MARIE	55	25:03:00	24:54:00	5:01/K	F35	DMP
140	HALLINAN	GARY	79	25:04:00	24:56:00	5:01/K	SM	Clonmel AC
141	HARRIS	AMY	56	25:10:00	25:02:00	5:02/K	SF	Carrick AC
142	GRANT	CLARE	61	25:11:00	25:03:00	5:02/K	SF	Waterford AC
143	POWER	ONRA	232	25:16:00	25:08:00	5:03/K	F45	West Waterford
144	PHELAN	LEANNE	134	25:31:00	25:21:00	5:06/K	SF	
145	MCCARTHY	GARY	37	25:32:00	25:28:00	5:06/K	M50	Carrick Triathlon Club
146	PHELAN	KAROL	135	25:33:00	25:15:00	5:07/K	SM	
147	WARD	MELANIE	26	25:34:00	25:21:00	5:07/K	F40	Carrick AC
148	KENT	ELEANOR	28	25:35:00	25:22:00	5:07/K	F45	Carrick AC
149	O'BRIEN	ALISON	220	25:43:00	25:34:00	5:09/K	SF	
150	O'KEEFFE	DARRAGH	31	25:52:00	25:41:00	5:10/K	JM	Clonmel AC
151	CROKE	JOHN	208	25:53:00	25:42:00	5:11/K	M40	
152	KIRWAN	RUTH	70	25:55:00	25:55:00	5:11/K	SF	
153	CROWLEY	EAMON	105	26:03:00	25:57:00	5:13/K	M60	Clonmel AC
154	NOLAN	RACHEL	138	26:03:00	25:52:00	5:13/K	SF	
155	BEIRNE	LYNN	215	26:04:00	25:50:00	5:13/K	SF	Callan AC
156	O'NEILL	CAROLINE	73	26:08:00	25:59:00	5:14/K	F40	
157	MORRIS	CATHY	9	26:26:00	26:17:00	5:17/K	F40	
158	GAHAN	KATE	214	26:44:00	26:31:00	5:21/K	F35	Callan AC
159	KELLY	YVONNE	218	26:48:00	26:30:00	5:22/K	F35	
160	BUCKLEY	ANGELA	168	26:49:00	26:39:00	5:22/K	F35	
161	CUNNINGHAM	JASON	117	26:50:00	26:34:00	5:22/K	SM	
162	DOYLE	LOUISE	160	26:50:00	26:37:00	5:22/K	F35	
163	EGAN	MARY	205	26:52:00	26:38:00	5:22/K	F40	Carrick AC
164	MURRAY	JOANNE	169	26:59:00	26:48:00	5:24/K	SF	Callan AC
165	O'BRIEN	DENISE	143	27:01:00	26:51:00	5:24/K	F35	Fethard
166	LAWTON	JOHN	133	27:27:00	27:16:00	5:29/K	M55	
167	VAUGHAN	WILLIE	233	27:29:00	27:06:00	5:30/K	SM	
168	HOWLIN	CLAIRE	202	27:31:00	27:18:00	5:30/K	F35	Carrick AC
169	LONERGAN	PAULINE	118	27:32:00	27:20:00	5:30/K	F50	Clonmel AC
170	STEPHENSON	JOANNE	84	27:32:00	27:20:00	5:30/K	F50	
171	COMERFORD	ANNETTE	157	27:33:00	27:18:00	5:31/K	F40	
172	WALSH	MAIREAD	113	27:34:00	27:34:00	5:31/K	SF	
173	O'HANNON	MARIAN	33	27:39:00	27:39:00	5:32/K	SF	
174	HEGARTY	EITHNE	158	27:42:00	27:27:00	5:32/K	F35	KCH
175	DONOVAN	SIOBHAN	225	27:55:00	27:39:00	5:35/K	SF	
176	DOWLING	ANNA MARIA	48	28:04:00	27:53:00	5:37/K	SF	
177	WALSH	PAULA	53	28:07:00	27:54:00	5:37/K	F35	Carrick AC
178	NOLAN	LISA	14	28:07:00	27:54:00	5:37/K	F35	Carrick AC
179	RYAN	TRICIA	165	28:17:00	28:08:00	5:39/K	F35	
180	DALTON	CLAIRE	179	28:18:00	28:07:00	5:40/K	F40	Carrick AC
181	POWER	CATHERINE	213	28:26:00	28:13:00	5:41/K	F45	Callan AC
182	MURPHY	CATHERINE	146	28:44:00	28:30:00	5:45/K	F40	
183	DELANEY	LINDA	156	28:46:00	28:38:00	5:45/K	SF	
184	PRICE	CAITRIONA	5	28:50:00	28:41:00	5:46/K	F40	

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185	CODY	MOIRA	140	28:51:00	28:38:00	5:46/K	SF	Callan AC
186	CROWE	EDWARD	170	28:52:00	28:45:00	5:46/K	M55	
187	COFFEY	STEPHANIE	177	28:56:00	28:46:00	5:47/K	F45	Carrick AC
188	DOWLING	SARAH JANE	50	29:18:00	29:09:00	5:52/K	SF	
189	SULLIVAN	SINEAD	24	29:22:00	29:13:00	5:52/K	JF	
190	BRETT	JO	17	29:29:00	29:17:00	5:54/K	F40	
191	DERMODY	ANITA	27	29:39:00	29:24:00	5:56/K	F35	Callan AC
192	DALY	ANN	186	29:39:00	29:25:00	5:56/K	F35	Callan AC
193	FLEMING	BARBARA	10	29:50:00	29:41:00	5:58/K	F40	
194	POWER	CIARA	141	30:07:00	29:54:00	6:01/K	SF	Callan AC
195	DOWLING	MIRIAM	49	30:23:00	30:13:00	6:05/K	SF	
196	QUIGLEY	CLARE	8	30:34:00	30:25:00	6:07/K	SF	
197	BYRNE	MICHELLE	212	30:42:00	30:28:00	6:08/K	SF	
198	GUIRY	NICOLA	137	31:00:00	30:44:00	6:12/K	SF	Fethard
199	DERMODY	BERNIE	72	31:02:00	30:51:00	6:12/K	F35	St Senans
200	FOLEY	MARY	184	31:42:00	31:28:00	6:20/K	F45	Callan AC
201	QUIGLEY	LORRAINE	94	31:42:00	31:28:00	6:20/K	F35	Callan AC
202	MOORE	CIARSHA	185	31:42:00	31:28:00	6:20/K	SF	Callan AC
203	PHELAN	ANN	187	31:42:00	31:28:00	6:20/K	SF	Callan AC
204	PHELAN	CATHERINE	142	31:51:00	31:36:00	6:22/K	SF	Callan AC
205	LACEY	MAURA	166	32:59:00	32:50:00	6:36/K	SF	
206	KEENAN	ANDREA	192	33:01:00	32:45:00	6:36/K	F45	Clonmel AC
207	LYONS	DAVID	207	33:21:00	33:14:00	6:40/K	M50	
208	CAHILL	DAVID	74	33:47:00	33:32:00	6:45/K	SM	
209	LASTE	ALI	189	33:54:00	33:50:00	6:47/K	SF	Clonmel AC
210	HICKEY	ANGELA	7	34:16:00	34:07:00	6:51/K	F35	
211	BURKE	LOUISE	68	35:09:00	34:58:00	7:02/K	SF	
212	WOODS	BIANNE	161	37:20:00	37:08:00	7:28/K	F40	
213	NOLAN	PETER	139	37:20:00	37:07:00	7:28/K	M45	