

**CARRICK-ON-SUIR AC SUMMER SERIES 2018****Race 3- Deadmans 5 Mile****Friday 1<sup>st</sup> June 2018 7.30 pm****Results for All Competitors in finish order**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Age Category</i>	<i>Pace min/mile</i>	<i>Race No</i>
1	0:26:21	SHEIL, Niall	St Killians	Mens Over 40	08:28.7	155
2	0:27:05	MURPHY, Noel	Waterford AC	Senior Men	08:42.9	189
3	0:27:19	HAYES, Dermot	Dundrum	Mens Over 50	08:47.4	481
4	0:27:20	WALSH, Derek	Carrick AC	Mens Over 40	08:47.7	243
5	0:28:28	QUINLAN, Tony	Waterford AC	Senior Men	09:09.6	188
6	0:28:34	POWER, Shane		Senior Men	09:11.5	279
7	0:28:40	SMITH, Danny		Mens Over 40	09:13.5	447
8	0:28:41	FITZGERALD, Evan		Junior Boys	09:13.8	237
9	0:28:56	KEOGH, Mossie	West Waterford	Mens Over 40	09:18.6	154
10	0:29:33	ROCHE, Patrick	Carrick AC	Mens Over 40	09:30.5	255
11	0:29:52	LYNCH, Kevin		Mens Over 40	09:36.6	288
12	0:30:11	LOUGHNANE, Madeline	Thurles Crokes	Ladies Over 35	09:42.7	472
13	0:30:17	HOGAN, Steve	Waterford AC	Senior Men	09:44.7	252
14	0:30:26	DROHAN, Walter	West Waterford	Mens Over 40	09:47.6	284
15	0:30:37	BURKE, Raymond		Mens Over 40	09:51.1	246
16	0:30:43	DUNFORD, Michael	West Waterford	Mens Over 50	09:53.0	499
17	0:30:48	CONNORS, Jimmy	West Waterford	Senior Men	09:54.6	258
18	0:30:51	GRAHAM, Brian	Carrick AC	Senior Men	09:55.6	449
19	0:31:13	HAHESSY, Benny	Carrick AC	Mens Over 45	10:02.7	250
20	0:31:33	O'SULLIVAN, John		Senior Men	10:09.1	254
21	0:31:37	DOWNEY, Andrew	Carrick AC	Mens Over 40	10:10.4	276
22	0:31:43	MURRAY, Ger		Mens Over 50	10:12.3	281
23	0:31:47	O'LOUGHLIN, Gerard		Mens Over 45	10:13.6	236
24	0:31:48	LANIGAN, David	St Josephs	Mens Over 40	10:13.9	479
25	0:31:52	DENN, James	Clonmel AC	Mens Over 40	10:15.2	275
26	0:32:01	KEANE, Donal	Dundrum	Mens Over 40	10:18.1	292
27	0:32:11	CARROLL, John	Carrick AC	Mens Over 50	10:21.4	448
28	0:32:17	CROTTY, John		Senior Men	10:23.3	245
29	0:32:21	ROCHE, Aine	Clonmel AC	Ladies Over 35	10:24.6	482
30	0:32:38	PONCE DE LEON, Miguel	Carrick AC	Mens Over 40	10:30.0	248
31	0:32:43	KELLY, Joe		Mens Over 45	10:31.6	817
32	0:32:46	HOYNASKY, Peter		Mens Over 40	10:32.6	488
33	0:32:50	BARCOE, Maurice	Gowran AC	Senior Men	10:33.9	278
34	0:32:58	O'KEEFFE, Eugene	Carrick AC	Mens Over 45	10:36.5	474
35	0:33:13	MALONEY, Michael	Tried & Tested	Mens Over 40	10:41.3	476
36	0:33:22	HORGAN, Barry	Clonmel AC	Mens Over 40	10:44.2	815
37	0:33:23	HOGAN, Tom	West Waterford	Mens Over 40	10:44.5	286
38	0:33:25	O'CONNOR, John	Waterford AC	Mens Over 45	10:45.2	241
39	0:33:27	WARD, Seamus	Carrick AC	Mens Over 50	10:45.8	13
40	0:33:29	MURPHY, Ger		Senior Men	10:46.5	239
41	0:33:31	BOLAND, Ann Marie	Clonmel AC	Senior Ladies	10:47.1	489
42	0:33:45	POWER, Anthony	Clonmel AC	Mens Over 55	10:51.6	190
43	0:34:05	O'SHEA, Alan	Clonmel AC	Senior Men	10:58.0	495
44	0:34:07	FOX, James	Carrick AC	Mens Over 45	10:58.7	496
45	0:34:16	O'MAHONY, Tony	West Waterford	Mens Over 50	11:01.6	293
46	0:34:17	HORGAN, Elaine	Clonmel AC	Ladies Over 35	11:01.9	814
47	0:34:21	LANIGAN, Dermot	Carrick AC	Senior Men	11:03.2	277
48	0:34:57	COONAN, Justin	West Waterford	Mens Over 50	11:14.8	261
49	0:35:12	LANNEN, Patrick	West Waterford	Mens Over 45	11:19.6	274
50	0:35:32	DWYER, Anthony	West Waterford	Mens Over 60	11:26.0	242

**Results for All Competitors in finish order**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Age Category</i>	<i>Pace min/mile</i>	<i>Race No</i>
51	0:35:39	PERRY, John	Clonmel AC	Mens Over 45	11:28.3	253
52	0:35:39	MCGIBNEY, Jimmy	Waterford AC	Mens Over 45	11:28.3	494
53	0:35:54	CAHILL, Tommy	Clonmel AC	Mens Over 60	11:33.1	240
54	0:36:19	O'NEILL, Joanne	West Waterford	Ladies Over 40	11:41.2	290
55	0:36:34	PARLE, Pat		Mens Over 55	11:46.0	283
56	0:36:36	KAVANAGH, Thomas		Senior Men	11:46.6	287
57	0:36:44	O'MEARA, John		Mens Over 45	11:49.2	493
58	0:36:47	CROKE, Claire	Saturday Road Runners	Ladies Over 40	11:50.2	251
59	0:37:07	BRETT, Kenny	Clonmel AC	Mens Over 40	11:56.6	483
60	0:37:14	DROHAN, Eveleen	West Waterford	Ladies Over 40	11:58.9	813
61	0:37:15	DWYER, Tony		Junior Boys	11:59.2	485
62	0:37:27	WYNBERRY, Kieran	Waterford AC	Mens Over 45	12:03.0	247
63	0:37:43	NI FAOLAIN, Sinead	West Waterford	Senior Ladies	12:08.2	816
64	0:37:48	WALSH, Brian		Mens Over 40	12:09.8	478
65	0:38:20	POWER, Onra	West Waterford	Ladies Over 50	12:20.1	260
66	0:38:28	O'DWYER, Derek	Carrick AC	Senior Men	12:22.7	480
67	0:38:32	POWER, Deirdre	Carrick AC	Ladies Over 35	12:24.0	477
68	0:38:42	RYAN, Emma	Clonmel AC	Ladies Over 35	12:27.2	249
69	0:38:54	O'DONOGHUE, Donal		Mens Over 50	12:31.0	280
70	0:38:56	BUDDS, Liam		Mens Over 40	12:31.7	291
71	0:40:32	LANIGAN, Susan	St Josephs	Ladies Over 40	13:02.6	486
72	0:41:01	HIGGINS, Sharon	West Waterford	Ladies Over 35	13:11.9	475
73	0:42:16	HOWLEY, Noel	Clonmel AC	Mens Over 60	13:36.0	498
74	0:43:10	BRADFIELD, Linda	West Waterford	Ladies Over 45	13:53.4	497
75	0:43:46	BRETT, Jo	Clonmel AC	Ladies Over 45	14:05.0	484
76	0:44:16	LANIGAN, Natasha		Mens Over 40	14:14.7	285
77	0:45:01	DUNNE, Sean	Carrick AC	Senior Men	14:29.1	186
78	0:45:20	DUNNE, Sinead	Carrick AC	Senior Ladies	14:35.3	473
79	0:45:21	PHELAN, Leanne		Senior Ladies	14:35.6	289
80	0:45:24	HOULIHAN, Geraldine	Carrick AC	Ladies Over 55	14:36.5	282
81	0:46:13	LONERGAN, William	Clonmel AC	Mens Over 60	14:52.3	185
82	0:46:59	MOLLOY, Moira		Ladies Over 50	15:07.1	294
83	0:48:35	NJOMENI, Odilia	Bridgewater House	Senior Ladies	15:38.0	490
84	0:48:38	COOPER, Gillian	Fitness with Emer	Ladies Over 40	15:39.0	244
85	0:48:39	WALSH, Lucy	Fitness with Emer	Ladies Over 50	15:39.3	487
86	0:50:02	COAKLEY, Michael	West Waterford	Mens Over 50	16:06.0	187
87	0:50:03	FITZPATRICK, Mary	Carrick AC	Ladies Over 55	16:06.3	259
88	0:55:00	NONOK, Sutshenisiwe	Bridgewater House	Ladies Over 35	17:41.9	491
89	0:55:01	MUREFU, Farai	Bridgewater House	Ladies Over 35	17:42.2	492

There were 89 finishers in the All Competitors category.